

COMMUNITY EDUCATION

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Fused Glass: 5x7 Fall Tree with Stand pg. 4



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Appreciating Specialty Coffee pg. 6



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FALL 2026

Registration Opens: Aug. 17

Session Dates: Sept. 8 – Oct. 22

E-MAIL: COMMUNITYED@BOISESCHOOLS.ORG



REGISTER ONLINE! boiselearns.org

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SUPERINTENDENT'S MESSAGE

Dear Community Members,

Boise has long understood that learning does not begin and end with the school day—or with graduation. For more than five decades, Boise Schools Community Education has brought people together to explore new interests, develop useful skills and build meaningful connections with neighbors across our community.

That spirit reflects what I value deeply about Boise: people who are curious, generous with their knowledge and committed to helping one another grow. As our District builds on its strong foundation of excellence, Community Education remains an important part of our commitment to lifelong learning and to the community we are proud to serve.

Whether you want to try something new, strengthen a skill or simply spend time learning alongside others, you will find opportunities for participants of all ages. Our courses span culinary arts, technology, wellness, music and many other interests—all made possible by volunteer instructors who enthusiastically share their experience and talents.

I invite you to explore the current Community Education Catalog and visit boiselearns.org for course descriptions, registration information and upcoming opportunities. I also encourage you to share your interests and ideas as we continue listening and working to make this valuable program even stronger.

When we learn together, we strengthen not only ourselves, but also the relationships that make Boise such a special place to live. I look forward to learning and growing alongside you.

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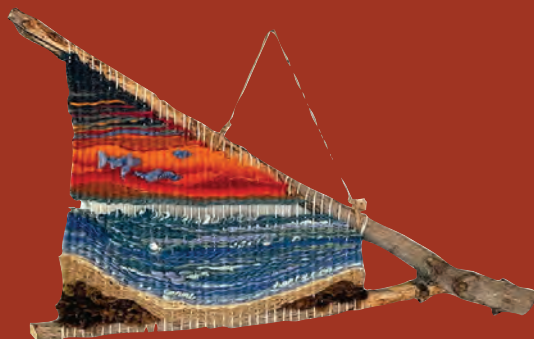
NOTICE OF PARTICIPATION: The Boise School District is committed to providing a safe and secure learning environment. Patrons who participate in the Boise School District Community Education program agree to abide by Boise School District Policies, as applicable. See www.boiseschools.org for a complete review of Boise School Board policies.

NOTICE OF RISK AND WAIVER OF ALL CLAIMS: Participation in a Boise School District Community Education class may be dangerous and cause injury. Community Education classes are authorized to take place on Boise School District property, and a number of off-site locations. Participants and their invitees assume all risk of participation. Neither the Boise School District nor any third party host is responsible for any injury or damage suffered by a participant/student, any person associated with the participant/student, that person's invitees, nor responsible for any medical, dental, chiropractic or hospital bill whatsoever related to participation in a Community Education activity. By participating in Community Education you are expressly agreeing to assume the risk of participation, to release the District and any host from all claims for liability, injury, or damage, indemnify the District or any host from any third party claims, and to hold the District and host harmless from such.

CLASS CONTENT DISCLAIMER: The Boise School District Community Education volunteer instructor/presenter is not affiliated with nor endorsed by the Boise School District and the District is not responsible for the accuracy, validity, benefit nor detriment that may result from an instructor's information or presentation.

NOTICE OF RELIGIOUS/SECTARIAN PROGRAM: Attendance and participation in Boise School District Community Education classes are voluntary. Community Education classes may provide information about and discuss sectarian or religious doctrines. Community Education classes are not part of the District's required curriculum. The District's religious expression policy respects the right of each individual to follow his/her own beliefs, so long as the beliefs do not infringe upon the rights of others.

PHOTOGRAPHS/VIDEOTAPES: Each participant consents to the use of photographs or video taken of them for future program promotional or marketing materials.



ACTIVE AGING

AGING WITH PURPOSE: GIVING BACK

Looking for purpose? Recently retired? New to the area? Seeking social connection? Join us for an interactive discussion as we explore local volunteer opportunities. Get ready to use your passion, talent and leadership to make a difference in your community.

26F-PEN-017 T, 9/29 West Jr High	6:30 - 8 PM	Sessions: 1
26F-PEN-018 M, 10/19 Riverglen Jr High	6:30 - 8 PM Lisa Underwood, Asia Miller	Sessions: 1 Age: 50+ Total: \$16.50
Tuition: \$16.50	Materials: \$ 0.00	

AQUA FINNING

Utilize fins to increase strength, endurance, and cardiovascular health. Put on your fins and join us for a fun new challenge! Bring your own fins or borrow a pair at the club. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-004 T/Th, 9/8-10/22 Touchmark Health & Fitness Club	12 N to 1 PM	Sessions: 14 Age: 50+ Total: \$68.00
Dione Anderton	Materials: \$ 0.00	
Tuition: \$68.00		

AQUA STRETCH & TONE

Mobility, stretching, strengthening, and toning: water style! All abilities welcome, perfect for increasing flexibility and mobility, and for those wanting to get stronger. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-003 M/W/F, 9/7-10/23 Touchmark Health & Fitness Club	10 - 11 AM	Sessions: 21 Age: 50+ Total: \$75.00
Dione Anderton	Materials: \$ 0.00	
Tuition: \$75.00		

ARTHRITIS & JOINT HEALTH

Tested for effectiveness, this program is designed to help those with arthritis and other chronic conditions by improving physical strength, increasing flexibility and balance, enhancing cardiovascular fitness, and reducing arthritic pain. Participants have the option to use a chair throughout class. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-044 M/W/F, 9/7-10/23 Downtown Boise YMCA	1:15 - 2:15 PM	Sessions: 21 Age: 50+ Total: \$75.00
Rotating Instructors	Materials: \$ 0.00	
Tuition: \$75.00		

CHAIR YOGA

A gentle way to improve physical health, mental clarity, and overall well-being. Perfect for older adults wanting to maintain flexibility, strength, and balance, or for anyone looking to reduce stress and boost health. Perform modified yoga poses and stretches while seated or using a chair for support. Benefits include increased joint mobility, reduced stiffness, and improved circulation. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-046 T/Th 9/8-10/22 Downtown Boise YMCA	1:15 - 2:15 PM	Sessions: 14 Age: 50+ Total: \$68.00
Rotating Instructors	Materials: \$ 0.00	
Tuition: \$68.00		

OSTEO-POWER

Exercise strengthens your bones by your muscles moving across your bones to help increase the bone density. A variety of equipment is used to challenge your muscles, and the intensity is varied to incorporate different levels of compression throughout the body. Each person works at their own level to challenge their body and mind. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-005 M/W/F, 9/7-10/23 Touchmark Health & Fitness Club	1 - 2 PM	Sessions: 21 Age: 50+ Total: \$75.00
Carol Garcia	Materials: \$ 0.00	
Tuition: \$75.00		

PARKINSON'S STRENGTH, BALANCE & MOTION

With a combination of seated and standing exercise, participants are encouraged to challenge themselves through fun obstacle courses, ball-throwing, boxing footwork and rhythmic walking to a variety of music. Brain teasers, memory and movement exercises, and facial/vocal exercises round out this class. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-006 T/Th, 9/8-10/22 Touchmark Health & Fitness Club	1 - 2 PM	Sessions: 14 Age: 50+ Total: \$68.00
Carol Garcia	Materials: \$ 0.00	
Tuition: \$68.00		

ROCK STEADY BOXING FOR PARKINSON'S

Rock Steady Boxing is a one-of-a-kind program providing a uniquely effective form of physical exercise to people who are living with Parkinson's. Exercises are largely adapted from boxing drills. Exercises vary in purpose and form but share one common trait: they are rigorous and intended to extend the perceived capabilities of the participant. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-007 T/Th, 9/8-10/22 YMCA Community Hub	9:15 - 10:15 AM	Sessions: 14 Age: 50+ Total: \$68.00
Rotating Instructors	Materials: \$ 0.00	
Tuition: \$68.00		

SENIOR POWER HOUR CIRCUIT

Combine fun with fitness to increase your cardiovascular and muscular endurance with a standing circuit workout and non-impact aerobics. A chair is offered for support if needed. Students will be joining an ongoing class; no refunds if student chooses not to attend after first class.

26F-FIT-056 M/W, 9/7-10/21 Downtown Boise YMCA	1:15 - 2:15 PM	Sessions: 14 Age: 50+ Total: \$68.00
Rotating Instructors	Materials: \$ 0.00	
Tuition: \$68.00		

SILVERSNEAKERS® CLASSIC

Move to music through a variety of exercises designed to increase muscle strength, range of movement and activities for daily living. Designed for active older adults. Participants do not need to belong to SilverSneakers to participate. A chair is available if needed for seated or standing support. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-057 M/W, 9/7-10/21 Downtown Boise YMCA	10:15 - 11:15 AM	Sessions: 14 Age: 50+ Total: \$68.00
Rotating Instructors	Materials: \$ 0.00	
Tuition: \$68.00		

WAKE-UP/TONE-UP

Learn a 7-minute stretching exercise before you get out of bed that will "wake up" your muscles, joints, glands and organs. Great class for anyone wanting to improve the functioning of their bodies! Please dress comfortably and bring a water bottle.

26F-FIT-001 M, 9/21 Timberline High	6:30 - 8 PM Lois Morgan	Sessions: 1 Age: 18+ Total: \$17.50
Tuition: \$16.50	Materials: \$ 1.00	

ARTS

ACRYLIC PAINTING: FALL MOUNTAIN LANDSCAPE

Paint a fall mountain landscape! Brian will lead artists through the hillside: flowers, pine trees and snowy mountains, painting step-by-step acrylic paint on canvas. Take home your creation! Beginners welcome.

26F-ART-007 T, 9/22 26F-ART-008 W, 10/7 West Jr High	6 - 8:30 PM Brian Schreiner	Sessions: 1 Age: 18+ Total: \$57.00
Tuition: \$27.00	Materials: \$ 30.00	

BEGINNING WATERCOLOR – FLOWERS

You will develop creative skills, learn color-mixing, brush techniques, composition, and stimulate your imagination as you express yourself through your art.

26F-ART-003 T, 9/8 Riverglen Jr High	6 - 8:30 PM Barbara Balkin	Sessions: 1 Age: 18+ Total: \$67.50
Tuition: \$27.50	Materials: \$ 40.00	

BEGINNING WATERCOLOR – NEUROGRAPHIC-STYLE LANDSCAPE

In this beginner-friendly watercolor and ink workshop, you'll explore the calming world of Neurographic-style art while designing your own expressive landscape painting. We'll cover the basics of neurographic art, brush techniques, color mixing, and composition as you learn how to turn simple lines and shapes into a flowing, imaginative scene. No experience needed – just come ready to experiment, relax, and create.

26F-ART-004 M, 9/21 Riverglen Jr High	6 - 8:30 PM Barbara Balkin	Sessions: 1 Age: 18+ Total: \$67.50
Tuition: \$27.50	Materials: \$ 40.00	



BEGINNING WATERCOLOR – FALL PUMPKIN STACK

Celebrate the colors of fall in this beginner-friendly workshop as we paint a charming stack of pumpkins surrounded by autumn leaves and flowers. You'll learn essential watercolor brush techniques, color mixing, layering, and shading while creating a cozy seasonal painting. Perfect for anyone looking to enjoy a relaxing, creative autumn-inspired class.

26F-ART-006 T, 10/6 Riverglen Jr High	6 - 8:30 PM Barbara Balkin	Sessions: 1 Age: 18+ Total: \$67.50
Tuition: \$27.50	Materials: \$ 40.00	

BEGINNING WATERCOLOR – VASE OF FLOWERS

In this beginner-friendly workshop, you'll paint a vibrant vase of wildflowers while learning foundational watercolor techniques in a relaxed, supportive setting. We'll explore brush control, layering, color mixing, and simple composition as you create a loose and expressive floral painting. Perfect for anyone wanting to build confidence with watercolor.

26F-ART-005 M, 9/28 Riverglen Jr High	6 - 8:30 PM Barbara Balkin	Sessions: 1 Age: 18+ Total: \$67.50
Tuition: \$27.50	Materials: \$ 40.00	

BRANCH WEAVING – WOVEN WALL HANGING

Learn relaxing weaving techniques using a forked branch as a handmade loom! No need to be artistic...beginner-friendly! Choose your own color palette from a large assortment of fibers. All materials are provided, including the branch loom foraged from Boise area's fallen trees. Ok to bring any of your own fibers, too!

26F-ART-001 M, 9/14 26F-ART-002 T, 10/13 Riverglen Jr High	6 - 8:30 PM Barbara Balkin	Sessions: 1 Age: 18+ Total: \$67.50
Tuition: \$27.50	Materials: \$ 40.00	

CARD MAKING 101

Enjoy a relaxed, creative time as you create handmade cards. You will learn the basics of stamping and assembling cards, and will leave with your own ink pad, stamp set, and cards with envelopes!

26F-ART-014 M, 10/5 Timberline High	6:30 - 8:30 PM Lisa Hardin	Sessions: 1 Age: 18+ Total: \$47.00
Tuition: \$22.00	Materials: \$ 25.00	

CROCHET WORKSHOP

Join us for a few weeks of crochet fun! Some basic crochet knowledge is helpful, but not required. We'll brush up on skills, explore some project ideas, and begin working on projects such as amigurumi animals, hats, or a granny square afghan. Bring a G or H size crochet hook and one skein of yarn.

26F-ART-009 T, 9/8-10/20 Timberline High	6:30 - 8:30 PM Donna Adams	Sessions: 7 Age: 12+ w/adult Total: \$75.00
Tuition: \$75.00	Materials: \$ 0.00	

CROSS STITCH CHRISTMAS ORNAMENT

Make your very own cross stitched Christmas ornament! Instructor-created kit provided, including festive Christmas-themed magnetic needle minder. Perfect for students who have done some stitching before and want to learn some finishing techniques. Leave with a beautiful Christmas ornament ready to gift or keep!

26F-ART-012 T, 9/8-10/20 Timberline High	6:30 - 8:30 PM Chelsea Kelly	Sessions: 7 Age: 12+ w/adult Total: \$90.00
Tuition: \$70.00	Materials: \$ 20.00	

DIRTY POUR PAINTING

Learn the techniques for a dirty pour canvas painting while creating your own rendition of this popular art technique! Take home your masterpiece and add to your home decor. No previous art or painting experience required! Supplies needed – see online description for list. **GLOVES IN KIT MAY CONTAIN LATEX.**

26F-ART-030 T, 10/13 RBG Surfaces Gisele Pope	6 - 8 PM 5103 N Sawyer Ave, Garden City	Sessions: 1 Age: 18+ Total: \$50.00
Tuition: \$22.00	Materials: \$ 28.00	

Learn something new this fall! Register today!

COMMUNITY EDUCATION - (208) 854.4047 or e-mail communityed@boiseschools.org

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LOCAL DESIGN: WILDFLOWERS!

Learn to make a beautiful local wildflower arrangement! This fun, hands-on class teaches you how to use locally grown flowers. Container and all supplies provided. You'll take home your creation to enjoy.

26F-ART-032

Th, 9/10	6 - 7 PM	Sessions: 1
26F-ART-033		
Th, 10/8	6 - 7 PM	Sessions: 1
Boise Art Its Best Flowers	851 S Vista Ave, Boise	
Georgia White, AIFD CFD	Age: 18 +	
Tuition: \$11.00	Materials: \$ 30.00	Total: \$41.00

FUSED GLASS: 2 BUTTERFLY PENDANTS!

Be a glass artist for the day! A local expert in fused glass will guide you to create two unique butterfly pendants. A shiny piece of Dichroic glass will be provided, and two pendant cords are included. These make perfect holiday gifts and fun wearable art. Pick up is one week after class. No experience required. All materials supplied. Kids and adults are welcome (ages 5+).

26F-ART-022

Th, 9/17	6 - 7:30 PM	Sessions: 1
26F-ART-023		
W, 10/14	6 - 7:30 PM	Sessions: 1
Fusions Glass Studio	135 N 2nd St, Eagle	
Melissa Reche	Age: 5+ w/adult	
Tuition: \$15.00	Materials: \$ 35.00	Total: \$50.00



FUSED GLASS: 2 ORNAMENTS!

Be a glass artist for the day! A local expert in fused glass will guide you to create two unique holiday ornaments: wire-wrapped tree and circle. These make perfect holiday gifts and home décor accents. Pick up is one week after class. No experience required. All materials supplied. Kids and adults are welcome (ages 5+).

26F-ART-020

T, 9/29	6 - 7:30 PM	Sessions: 1
26F-ART-029		
Th, 10/15	6 - 7:30 PM	Sessions: 1
26F-ART-021		
T, 10/20	6 - 7:30 PM	Sessions: 1
Fusions Glass Studio	135 N 2nd St, Eagle	
Melissa Reche	Age: 5+ w/adult	
Tuition: \$15.00	Materials: \$ 40.00	Total: \$55.00

FUSED GLASS: 5X7 FALL TREE WITH STAND!

A local expert in fused glass will guide you to create your own 5x7" panel of a tree with fall leaves. A wooden stand is included. These make perfect gifts and home décor accents. Pick up is one week after class. No experience required. All materials supplied. Kids and adults are welcome (ages 5+).

26F-ART-026

Th, 9/10	6 - 7:30 PM	Sessions: 1
26F-ART-027		
T, 9/22	6 - 7:30 PM	Sessions: 1
26F-ART-028		
Th, 10/1	6 - 7:30 PM	Sessions: 1
Fusions Glass Studio	135 N 2nd St, Eagle	
Melissa Reche	Age: 5+ w/adult	
Tuition: \$15.00	Materials: \$ 40.00	Total: \$55.00

FUSED GLASS: 6X6 DISH!

A local expert in fused glass will guide you to create your own unique 6x6" dish. These make perfect gifts and home décor accents. Pick up is one week after class. No experience required. All materials supplied. Kids and adults are welcome (ages 5+).

26F-ART-015

T, 9/8	6 - 7:30 PM	Sessions: 1
26F-ART-016		
Th, 9/24	6 - 7:30 PM	Sessions: 1
26F-ART-017		
T, 10/13	6 - 7:30 PM	Sessions: 1
Fusions Glass Studio	135 N 2nd St, Eagle	
Melissa Reche	Age: 5+ w/adult	
Tuition: \$15.00	Materials: \$ 43.00	Total: \$58.00

FUSED GLASS: 6X6 SANTA DISH!

A local expert in fused glass will guide you to create your own 6x6" dish that resembles a Santa coat with belt. These make adorable gifts and fun Santa cookie plates. Pick up is one week after class. No experience required. All materials supplied. Kids and adults are welcome (ages 5+).

26F-ART-024

T, 10/6	6 - 7:30 PM	Sessions: 1
26F-ART-025		
Th, 10/22	6 - 7:30 PM	Sessions: 1
Fusions Glass Studio	135 N 2nd St, Eagle	
Melissa Reche	Age: 5+ w/adult	
Tuition: \$15.00	Materials: \$ 53.00	Total: \$68.00

FUSED GLASS: VOTIVE!

A local expert in fused glass will guide you to create your own unique votive. These make perfect gifts and home décor accents. Pick up is one week after class. No experience required. All materials supplied. Kids and adults are welcome (ages 5+).

26F-ART-018

T, 9/15	6 - 7:30 PM	Sessions: 1
26F-ART-019		
Th, 10/8	6 - 7:30 PM	Sessions: 1
Fusions Glass Studio	135 N 2nd St, Eagle	
Melissa Reche	Age: 5+ w/adult	
Tuition: \$15.00	Materials: \$ 40.00	Total: \$55.00

GUIDED ACRYLIC PAINTING – AUTUMN LANDSCAPE WITH BARN

Unleash your inner artist in this fun and relaxed two-hour painting class – perfect for all ages and skill levels! No experience? No problem. Our friendly instructor will guide you step-by-step to create your own autumn landscape with barn painting. Feel free to bring your own snack and beverage to enjoy while you paint!

26F-ART-049

W, 10/7	6:30 - 8:30 PM	Sessions: 1
The Angry Easel	301 NE 3rd St, Meridian	
Michelle Brotzman	Age: All	
Tuition: \$15.00	Materials: \$ 20.00	Total: \$35.00

GUIDED ACRYLIC PAINTING – BLOOMING CACTUS

Unleash your inner artist in this fun and relaxed two-hour painting class – perfect for all ages and skill levels! No experience? No problem. Our friendly instructor will guide you step-by-step to create your own blooming cactus painting. Feel free to bring your own snack and beverage to enjoy while you paint!

26F-ART-046

W, 9/9	6:30 - 8:30 PM	Sessions: 1
The Angry Easel	301 NE 3rd St, Meridian	
Michelle Brotzman	Age: All	
Tuition: \$15.00	Materials: \$20.00	Total: \$35.00

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GUIDED ACRYLIC PAINTING – COLORFUL PUMPKIN

Unleash your inner artist in this fun and relaxed two-hour painting class – perfect for all ages and skill levels! No experience? No problem. Our friendly instructor will guide you step-by-step to create your own colorful pumpkin painting. Feel free to bring your own snack and beverage to enjoy while you paint!

26F-ART-050

Th, 10/15	6:30 - 8:30 PM	Sessions: 1
The Angry Easel	301 NE 3rd St, Meridian	
Michelle Brotzman	Age: All	
Tuition: \$15.00	Materials: \$ 20.00	Total: \$35.00

GUIDED ACRYLIC PAINTING – DRAGONFLY

Unleash your inner artist in this fun and relaxed two-hour painting class – perfect for all ages and skill levels! No experience? No problem. Our friendly instructor will guide you step-by-step to create your own dragonfly painting. Feel free to bring your own snack and beverage to enjoy while you paint!

26F-ART-047

Th, 9/17	6:30 - 8:30 PM	Sessions: 1
The Angry Easel	301 NE 3rd St, Meridian	
Michelle Brotzman	Age: All	
Tuition: \$15.00	Materials: \$ 20.00	Total: \$35.00

GUIDED ACRYLIC PAINTING – FRIENDLY GHOST

Unleash your inner artist in this fun and relaxed two-hour painting class – perfect for all ages and skill levels! No experience? No problem. Our friendly instructor will guide you step-by-step to create your own friendly ghost painting. Feel free to bring your own snack and beverage to enjoy while you paint!

26F-ART-051

T, 10/20	6:30 - 8:30 PM	Sessions: 1
The Angry Easel	301 NE 3rd St, Meridian	
Michelle Brotzman	Age: All	
Tuition: \$15.00	Materials: \$ 20.00	Total: \$35.00



GUIDED ACRYLIC PAINTING – RUSTIC FLOWERS

Unleash your inner artist in this fun and relaxed two-hour painting class – perfect for all ages and skill levels! No experience? No problem. Our friendly instructor will guide you step-by-step to create your own rustic flowers painting. Feel free to bring your own snack and beverage to enjoy while you paint!

26F-ART-048

M, 9/28	6:30 - 8:30 PM	Sessions: 1
The Angry Easel	301 NE 3rd St, Meridian	
Michelle Brotzman	Age: All	
Tuition: \$15.00	Materials: \$ 20.00	Total: \$35.00

LIDDED GOURD TREASURE BOX

In this fun class, you will decoupage colorful pieces of paper napkins to the shell of a specially prepared gourd, creating a unique one of a kind lidded treasure box. No two gourd boxes will be the same. All supplies provided.

26F-ART-013

T, 9/8	6:30 - 8:30 PM	Sessions: 1
West Jr High	Alan Sweeney,	
	Steve Kiser	Age: 18 +
Tuition: \$22.00	Materials: \$ 7.00	Total: \$29.00



MAKE YOUR OWN GLASS PUMPKIN

In this workshop, you will receive one-on-one instruction from a local glass artist to create your own blown glass pumpkin. We will go over the basics of a glass blowing studio setup, techniques, and the process of making a pumpkin. Students will be in a group observing as fellow students have their turn blowing glass. Your creation will be available for pick-up the following day after 3 pm.

26F-ART-034

M, 9/14	6 - 7:30 PM	Sessions: 1
26F-ART-035		
M, 9/14	7:30 - 9 PM	Sessions: 1
26F-ART-036		
M, 9/21	6 - 7:30 PM	Sessions: 1
26F-ART-037		
M, 9/21	7:30 - 9 PM	Sessions: 1
26F-ART-038		
M, 9/28	6 - 7:30 PM	Sessions: 1
26F-ART-039		
M, 9/28	7:30 - 9 PM	Sessions: 1
26F-ART-040		
M, 10/5	6 - 7:30 PM	Sessions: 1
26F-ART-041		
M, 10/5	7:30 - 9 PM	Sessions: 1
26F-ART-042		
M, 10/12	6 - 7:30 PM	Sessions: 1
26F-ART-043		
M, 10/12	7:30 - 9 PM	Sessions: 1
26F-ART-044		
M, 10/19	6 - 7:30 PM	Sessions: 1
26F-ART-045		
M, 10/19	7:30 - 9 PM	Sessions: 1
Boise Art Glass	1124 W Front St, Boise	
Boise Art Glass Staff	Age: 18 +	
Tuition: \$15.00	Materials: \$ 47.00	Total: \$62.00

MAKER SHOP: CHOPSTICKS

Discover the art of fine woodworking in this hands-on chopstick making class. You will craft your own set of finger jointed chopsticks using contrasting hardwoods and accent them with an elegant brass pin. Learn essential shaping, sanding and finishing techniques while exploring how joinery and detail can turn a simple utensil into a functional piece of art. No prior experience needed, just curiosity and a love of craftsmanship.

26F-ART-059

Th, 9/10	5:30 - 8 PM	Sessions: 1
26F-ART-060		
Th, 9/24	5:30 - 8 PM	Sessions: 1
Maker Shop Boise	6883 W Overland Rd, Boise	
Taylor White	Age: 18 +	
Tuition: \$25.00	Materials: \$ 40.00	Total: \$65.00

MAKER SHOP: INTRODUCTION TO WOODWORKING

Learn how to use the planer, jointer, and table saw to safely prepare and correctly dimension wood. Virtually every wood project begins with this exercise and a thorough understanding of the basics will be a great foundation upon which you may build a safe and creative hobby experience.

26F-ART-052	Th, 9/17	4 - 8 PM	Sessions: 1
26F-ART-053	F, 9/18	4 - 8 PM	Sessions: 1
Maker Shop Boise	6883 W Overland Rd, Boise		Age: 18+
Brian Bass			Tuition: \$25.00
	Materials: \$ 75.00	Total: \$100.00	



MAKER SHOP: INTRODUCTION TO WOODWORKING FOR WOMEN

Learn to use a variety of woodworking machines and tools alongside fellow ladies that share a passion for making things with their hands. Gain a great foundational understanding for how to mill and cut wood on tools such as the table saw, planer, jointer, miter saw, and more.

26F-ART-054	F, 9/25	5 - 9 PM	Sessions: 1
26F-ART-055	Th, 10/1	5 - 9 PM	Sessions: 1
Maker Shop Boise	6883 W Overland Rd, Boise		Age: 18+
Cheri Henney			Tuition: \$25.00
	Materials: \$ 75.00	Total: \$100.00	

MAKER SHOP: WOOD CUTTING BOARD

What kitchen is complete without a wooden cutting board? Learn how to use the tablesaw, jointer, thickness planer and drum sander. You will leave with a beautiful cutting board that your friends will admire and you will be proud of.

26F-ART-057	W, 10/14	5 - 9 PM	Sessions: 1
Maker Shop Boise	6883 W Overland Rd, Boise		Age: 18+
Cheri Henney			Tuition: \$25.00
	Materials: \$ 75.00	Total: \$100.00	

MAKERSHOP: WINE STOPPER & CHEESE BOARD FOR PAIRS

You and a friend, partner, or significant other will each learn how to turn your own wood and chrome wine bottle stoppers on the lathe, and then finish the evening by making a hard-wood cheese board, equipped with its own wire slicing kit. **REGISTRATION IS FOR 2 STUDENTS.**

26F-ART-058	W, 10/21	6 - 9 PM	Sessions: 1
Maker Shop Boise	6883 W Overland Rd, Boise		Age: 18+
Karl Sloth			Tuition: \$50.00
	Materials: \$ 100.00	Total: \$150.00	

**Classes fill quickly!
Register today at
boiselearns.org**

NATURE DRAWING WITH PENCILS

Join us for a relaxing and creative drawing class. Together we will be using pencils and colored pencils to draw something beautiful from nature. This is for beginners through intermediate, but come with a willingness to learn and create. Participants will learn some basic drawing and shading techniques, along with some basic pencil holds. Supplies required – see online listing for details.

26F-ART-011	T, 10/13	6:30 - 8:30 PM	Sessions: 1
West Jr High			
26F-ART-010	T, 10/20	6:30 - 8:30 PM	Sessions: 1
Timberline High			Age: 18+
Tuition: \$22.00	Patricia Brookman		Total: \$22.00
	Materials: \$ 0.00		



WOOD CARVING – FREEFORM CHIP CARVING

Come join the woodcarving class where we will carve using a technique called Freeform Chip Carving. In this class we will learn carving pattern layout, reading the wood grain, safety, tools and wood carving cuts. This class is designed for carvers 14 and older. Students under the age of 18 need an adult chaperone in attendance for safety purposes.

26F-ART-064	W, 9/30	6 - 8:30 PM	Sessions: 1
West Jr High			Age: 14+ w/adult
Tuition: \$27.00	Eric Owens		Total: \$62.00
	Materials: \$ 35.00		

WOOD CARVING – LADYBUG

Come and join the woodcarving class where we will carve a cute ladybug, with feet and legs. In this class we will learn carving pattern layout, reading the wood grain, safety, tools and wood carving cuts. This class is designed for carvers 14 and older. Students under the age of 18 need an adult chaperone in attendance for safety purposes.

26F-ART-061	W, 9/9	6 - 8:30 PM	Sessions: 1
West Jr High			Age: 14+ w/adult
Tuition: \$27.00	Eric Owens		Total: \$62.00
	Materials: \$ 35.00		

WOOD CARVING – PUMPKIN FACE BLOCKS

Join the woodcarving class where we will carve some blocks with Halloween faces carved on them. In this class we will learn carving pattern layout, reading the wood grain, safety, tools and wood carving cuts. Learn how to take a few wooden blocks and make Halloween faces on them for a neat Halloween holiday display. This class is designed for carvers 14 and older. Students under the age of 18 need an adult chaperone in attendance for safety purposes.

26F-ART-067	W, 10/21	6 - 8:30 PM	Sessions: 1
West Jr High			Age: 14+ w/adult
Tuition: \$27.00	Eric Owens		Total: \$62.00
	Materials: \$ 35.00		



**Some Arts classes
require additional
supplies –
please look online
or contact our office.**

WOOD CARVING – SITTING BEAR

Come and join the woodcarving class where we will carve a cute sitting bear. In this class we will learn carving pattern layout, reading the wood grain, safety, tools and woodcarving cuts all while carving a sitting bear. This class is designed for carvers 14 and older. Students under the age of 18 need an adult chaperone in attendance for safety purposes.

26F-ART-063	W, 9/23	6 - 8:30 PM	Sessions: 1
West Jr High			Age: 14+ w/adult
Tuition: \$27.00	Eric Owens		Total: \$62.00
	Materials: \$ 35.00		

WOOD CARVING – WHALE

Everybody loves whales! Come and join the woodcarving class where we will carve a whale with a spout. In this class we will learn carving pattern layout, reading the wood grain, safety, tools and wood carving cuts. This class is designed for carvers 14 and older. Students under the age of 18 need an adult chaperone in attendance for safety purposes.

26F-ART-066	W, 10/14	6 - 8:30 PM	Sessions: 1
West Jr High			Age: 14+ w/adult
Tuition: \$27.00	Eric Owens		Total: \$62.00
	Materials: \$ 35.00		

WOOD CARVING – WOOD SPIRIT

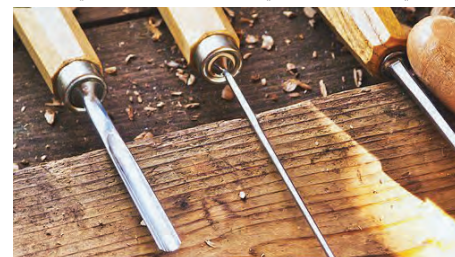
Come and join the wood carving class where we will carve a cute Wood Spirit. Wood Spirits exist to protect your space from evil thoughts and strange vibes and bring a smile to your daily routine. In this class we will learn carving pattern layout, reading the wood grain, safety, tools and wood carving cuts. This class is designed for carvers 14 and older. Students under the age of 18 need an adult chaperone in attendance for safety purposes.

26F-ART-062	W, 9/16	6 - 8:30 PM	Sessions: 1
West Jr High			Age: 14+ w/adult
Tuition: \$27.00	Eric Owens		Total: \$62.00
	Materials: \$ 35.00		

WOODCRAFT: BEGINNING CARVING

In this woodcarving class, you will learn how to carve a small pine tree, which can be carved in various sizes for your holiday decor. You will learn project layout, safety tips, honing and sharpening techniques, painting techniques, as well as carving cuts and finishing techniques. All materials provided. This class is designed for students 14+. Students under the age of 18 must be accompanied by an adult over the age of 18 for safety purposes.

26F-ART-056	S, 10/10	9 - 12 N	Sessions: 1
Woodcraft Of Boise			Age: 14+ w/adult
Eric Owens			Total: \$60.00
Tuition: \$25.00			
	Materials: \$ 35.00		



BUSINESS AND PROFESSIONAL DEVELOPMENT

BUILD A BUSINESS, NOT A JOB!

NEW!

This class introduces a proven framework for creating a healthier, more sustainable business by focusing on three critical foundations: a healthy leader, healthy finances, and a healthy organization. Participants will explore six key drivers of business success – Purpose, Product or Service, People, Planning, Process, and Performance – and learn how these elements work together to strengthen strategy, improve execution, and drive measurable results.

26F-BUS-002	T, 10/13	6:30 - 8:30 PM	Sessions: 1
West Jr High			Age: 18+
Tuition: \$22.00	Becca Zanders		Total: \$22.00
	Materials: \$ 0.00		

CREATING WITH CANVA

If you are struggling to create graphics for social media, need to design a flyer or business card for your business, or want a cool new Zoom virtual background, this class will cover it and more. Canva is a free online resource that you can use to create graphics, logos, flyers, presentations, social media posts and more. Taught by social media consultant and Certified High-Impact Google Partner, Kim Sherman-Labrum at the Idaho SBDC (Idaho Small Business Development Center). Bring a laptop with a free Canva account set up (cell phones/mobile devices can be used, but do not have the full capabilities of the browser version). Please join us for this hands-on session!

26F-BUS-004	Th, 9/24	6:30 - 8:30 PM	Sessions: 1
Timberline High			Age: 18+
Tuition: \$22.00	Kim Sherman-Labrum		Total: \$22.00
	Materials: \$ 0.00		

EXIT PLANNING FOR BUSINESS OWNERS: MAXIMIZE WEALTH & LEGACY

This course equips business owners with strategic insights into exit planning. Learn practical steps for maximizing wealth and legacy, both now and in a future sale or transition.

26F-BUS-001	W, 10/21	6:30 - 8:30 PM	Sessions: 1
Timberline High			Age: 18+
Tuition: \$22.00	Becca Zanders		Total: \$22.00
	Materials: \$ 0.00		

GET FOUND ON GOOGLE SEARCH & MAPS

Ensure customers can find accurate, updated information about your local business on Google Search and Google Maps, no matter which device they use. In this workshop, you will learn how to create and manage a Google Business Profile from start to finish. Taught by social media consultant, and Certified High-Impact Google Partner, Kim Sherman-Labrum at the Idaho SBDC (Idaho Small Business Development Center).

26F-BUS-005	Th, 10/8	6:30 - 8:30 PM	Sessions: 1
Timberline High			Age: 18+
Tuition: \$22.00	Kim Sherman-Labrum		Total: \$22.00
	Materials: \$ 0.00		

STOP BURNING OUT & START BUILDING INFLUENCE

NEW!

Learn how to gain buy-in, build trust, and be heard at work. You work hard, but do people listen? Learn the communication skills that build trust, earn buy-in, and end the burnout cycle for good.

26F-BUS-003	T, 10/6	6:30 - 8 PM	Sessions: 1
West Jr High			Age: 18+
Tuition: \$16.50	Davina Ware		Total: \$16.50
	Materials: \$ 0.00		

VOLUNTEER INSTRUCTOR SPOTLIGHT



Dan Corsberg has lived in Idaho off and on for 60+ years. He and his wife have children, grandchildren, and great-grandchildren. He was in the Navy on submarines, worked on a ranch for a few years, and then went off to the University of Idaho and pursued a degree in Computer Science. Dan worked at the Idaho National Laboratory on Artificial Intelligence for a few years and then went out into the commercial world. In the late nineties, he got involved in software application security and has been working, learning, and teaching in that space ever since.

As he neared retirement, Dan was looking for something where he could learn, teach, and help others. Every time he teaches a class he learns during preparation, and he learns during teaching. Dan feels Community Ed is a perfect match for him!

One of the reasons the Corsbergs live in Idaho is because of their love of whitewater rafting - something they have done for 30+ years. Dan loves his family, Idaho, his work, teaching, and rafting. Dan is also a leukemia survivor and is grateful for each and every day!

This fall, Dan is teaching **EXPLORING TODAY'S AI, DEFENDING YOUR DIGITAL HOME, AND DEFENDING YOUR MOBILE DEVICES.**

COMPUTERS & TECHNOLOGY

DEFENDING YOUR DIGITAL HOME

The latest in home network, device, computer, and phone safety is addressed. Handout provides comprehensive do's and don'ts in the home. Note taking and questions encouraged!

26F-COM-006

M, 9/21	6:30 - 8:30 PM	Sessions: 1
Riverglen Jr High	Daniel Corsberg	Age: 18+
Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

DEFENDING YOUR MOBILE DEVICES

The latest in computer, phone, and web travel safety is addressed. Handout provides a comprehensive pre-travel checklist as well as do's and don'ts while on the road. Note-taking and questions encouraged!

26F-COM-007

M, 10/19	6:30 - 8:30 PM	Sessions: 1
Timberline High	Daniel Corsberg	Age: 18+
Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

EXCEL 101

Learn the basics of Excel! Microsoft Excel enables users to format, organize and calculate data in a spreadsheet. By organizing data using software like Excel, you can make information easier to view as data is added or changed. Book "Excel for Beginners" by M.L. Humphrey recommended, not required. **COMPUTERS NOT PROVIDED - BRING YOUR OWN LAPTOP** with Office 2010 or later!

26F-COM-001

T/Th, 9/15-9/22	6:30 - 8:30 PM	Sessions: 3
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26F-COM-002

T/Th, 10/13-10/20	6:30 - 8:30 PM	Sessions: 3
West Jr High	James Thomas	Age: 18+
Tuition: \$66.00	Materials: \$ 0.00	Total: \$66.00

EXPLORING TODAY'S AI

Artificial Intelligence (AI) is new, old, and changing. AI is a powerful tool with potential dangers. We cover all that as well as what to use AI for and how to do so. Highly interactive class. Updated since previous session.

26F-COM-005

T, 9/22	6:30 - 8:30 PM	Sessions: 1
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26F-COM-008

Th, 10/22	6:30 - 8:30 PM	Sessions: 1
West Jr High	Daniel Corsberg	Age: 18+
Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

GETTING STARTED WITH IPHONE

Get to know the iPhone and its most popular and common features! Topics include all the basics, as well as communication tools like contacts, text messaging, phone, and FaceTime. Additionally, tools like notes, reminders, the camera, and the App Store. Students bring Apple iPhone running the latest iOS software.

26F-COM-003

Th, 9/10-9/24	6:30 - 8 PM	Sessions: 3
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26F-COM-004

Th, 10/1-10/15	6:30 - 8 PM	Sessions: 3
West Jr High	Brandon Stoker	Age: 18+
Tuition: \$49.00	Materials: \$ 0.00	Total: \$49.00

CPR

CPR CERTIFICATION: AMERICAN SAFETY & HEALTH INSTITUTE (ASHI)

CPR/AED course covering adult, child, and infant CPR, choking, and usage of the AED. Students will receive an ASHI certification card upon successful completion of the course, which is valid for 2 years.

26F-HEA-001

M, 9/21	6 - 8:30 PM	Sessions: 1
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26F-HEA-002

W, 10/14	6 - 8:30 PM	Sessions: 1
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Health Solutions of Idaho

11588 W Fairview Ave, Ste 200, Boise

Joel Gunstream Age: 12+ w/adult; BOTH must register

Tuition: \$27.50 Materials: \$ 20.00 Total: \$47.50

CULINARY

APPRECIATING SPECIALTY COFFEE

Learn the fundamentals of specialty coffee, including sourcing, processing, roasting, and brewing. You'll sample several single-origin coffees and develop your sensory skills as you taste, and then bring home a freshly-roasted bag of coffee to brew on your own!

26F-CUL-001

W, 9/9	9 - 10 AM	Sessions: 1
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26F-CUL-002

T, 9/22	10 - 11 AM	Sessions: 1
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26F-CUL-003

M, 10/5	11 - 12 N	Sessions: 1
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Dawson Taylor Roast Cafe 1035 S Lusk St, Boise

Amanda Stewart Age: 15+ w/adult

Tuition: \$11.00 Materials: \$ 15.00 Total: \$26.00



ASIAN INDIAN VEGETARIAN COOKING

Learn history and meanings of the magical ingredients used in several Asian Indian dishes. Class is mostly demonstration, with some participation from students. You'll enjoy these authentic vegetarian foods at the end of class. Recipes included. Optional fee for book. **PLEASE INFORM OFFICE OF ANY FOOD ALLERGIES!**

26F-CUL-010

Th, 9/10	6:30 - 8:30 PM	Sessions: 1
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26F-CUL-011

Timberline High	Prarthana Kashikar	Age: 18+
Tuition: \$22.00	Materials: \$ 20.00	Total: \$42.00

BOO-TIFUL COOKIE DECORATING **NEW!**

Get into the Halloween spirit with a fun and festive cookie decorating class! This class is designed to help you build your skills while creating spooky seasonal treats. You'll learn the basics of decorating with royal icing as you decorate Halloween-themed sugar cookies. You'll receive tried-and-true recipes for sugar cookies and royal icing, plus helpful tips and techniques to recreate the designs at home. You will leave with three large Halloween-themed cookies that you decorated yourself and the confidence to keep creating frightfully fun cookies all season long. No prior decorating experience is needed - just bring your Halloween spirit!

26F-CUL-012

T, 10/6	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

T, 10/20	6:30 - 8 PM	Sessions: 1
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West Jr High Alison Giachetti Age: 12+ w/adult

Tuition: \$16.50 Materials: \$ 25.00 Total: \$41.50

CAKE DECORATING

Learn the skills for do-it-yourself cake decorating. Learn to make flowers and borders to create beautiful special occasion cakes in traditional design. You will bake a cake at home each week, **STARTING AT WEEK 2**, to bring to class. Supply list provided at first class (approx \$40 for supplies).

26F-CUL-005

W, 9/9-9/21	6:30 - 8:30 PM	Sessions: 7
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26F-CUL-006

Timberline High	Donna Adams	Age: All (under 18 w/adult)
Tuition: \$75.00	Materials: \$ 0.00	Total: \$75.00



Community Ed classes are fun for the whole family!

GROWING BEAN SPROUTS

Learn how to grow mung bean sprouts at home on the kitchen counter! They are delicious in so many different recipes. A small sprouting container and mung beans to sprout will be provided.

26F-CUL-004

W, 10/14	7 - 8 PM	Sessions: 1
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26F-CUL-005

Timberline High	Vince Matthews	Age: 18+
Tuition: \$11.00	Materials: \$ 0.00	Total: \$11.00

26F-CUL-006

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

West Jr High	Alison Giachetti	Age: 12+ w/adult
Tuition: \$16.50	Materials: \$ 25.00	Total: \$41.50

experience is needed - just bring yourself!

26F-CUL-011

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

West Jr High	Alison Giachetti	Age: 12+ w/adult
Tuition: \$16.50	Materials: \$ 25.00	Total: \$41.50

experience is needed - just bring yourself!

26F-CUL-011

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

West Jr High	Alison Giachetti	Age: 12+ w/adult
Tuition: \$16.50	Materials: \$ 25.00	Total: \$41.50

experience is needed - just bring yourself!

26F-CUL-011

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

West Jr High	Alison Giachetti	Age: 12+ w/adult
Tuition: \$16.50	Materials: \$ 25.00	Total: \$41.50

experience is needed - just bring yourself!

26F-CUL-011

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

West Jr High	Alison Giachetti	Age: 12+ w/adult
Tuition: \$16.50	Materials: \$ 25.00	Total: \$41.50

experience is needed - just bring yourself!

26F-CUL-011

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

West Jr High	Alison Giachetti	Age: 12+ w/adult
Tuition: \$16.50	Materials: \$ 25.00	Total: \$41.50

experience is needed - just bring yourself!

26F-CUL-011

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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26F-CUL-014

West Jr High	Alison Giachetti	Age: 12+ w/adult
Tuition: \$16.50	Materials: \$ 25.00	Total: \$41.50

experience is needed - just bring yourself!

26F-CUL-011

T, 9/15	6:30 - 8 PM	Sessions: 1
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26F-CUL-013

T, 9/29	6:30 - 8 PM	Sessions: 1
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**Register today -
boiselearns.org**

LIES BENEATH: INTERESTING PEOPLE BURIED IN IDAHO

Idaho's cemeteries are final resting places for thousands of residents. Some are famous, some infamous, and some just have interesting stories to tell. Some you know. Some you don't. Some you'll say, "How did he end up in Idaho?" We'll take a virtual tour of several cemeteries in Idaho and tell the inhabitants' stories that they themselves can no longer tell. Get ready to be inspired to do your own research on those Idahoans who lie beneath.

26F-HIS-002

T, 9/15 5:30 - 7:30 PM Sessions: 1
Cloverdale Funeral Home - Event Center
1200 N Cloverdale Rd, Boise
Age: 18+
David Habben Materials: \$ 0.00 Total: \$22.00
Tuition: \$22.00

DANCE

BEGINNING ADULT TAP DANCE

If you have always wanted to learn how to tap dance, this class is for you! Learn the basic tap steps and put them into a dance. Class is for newcomers to Susies studio; if you have previously taken this class through Community Ed, please contact instructor about class options. Tap shoes required.

26F-DAN-008

W, 9/23-10/7 6:30 - 7:15 PM Sessions: 3
Susie's Tap and Jazz Etc 6053 W Corporal Ln, Boise
Age: 18+
Susie Depew Materials: \$ 0.00 Total: \$25.00
Tuition: \$25.00

BEGINNING BELLYDANCE AND VEILS

Belly Dance (Raqs Sharqi) is an ever-evolving dance form found all over the world! Learn the basic moves of belly dance and add even more fun to your dance with the use of veils! Instructor will have veils for lending students.

26F-DAN-002

W, 9/16-10/7 6:30 - 7:30 PM Sessions: 4
Timberline High Diana Ernest Age: 18+
Tuition: \$44.00 Materials: \$ 0.00 Total: \$44.00

INTRO TO LINE DANCING

Get fit while learning to line dance! Line Dancing is all-American dancing fun! Class is perfect for beginners — no partner or experience necessary. Wear comfortable clothes.

26F-DAN-003

W, 9/16-9/30 11 - 12 N Sessions: 3
Impact Dance Studio 195 S Adkins Wy, Ste 105, Meridian
Age: 18+
Sue Hebison Materials: \$ 0.00 Total: \$33.00
Tuition: \$33.00

LINE DANCE — BEGINNING

Learn the basic dance steps and get fit at the same time! Class is perfect for beginners — no partner or experience necessary. Wear comfortable clothes and non-marking shoes.

26F-DAN-004

T, 9/15-10/13 7 - 8:30 PM Sessions: 5
West Jr High Arlene Ankenman Age: 18+
Tuition: \$75.00 Materials: \$ 0.00 Total: \$75.00

SQUARE DANCE SATURDAY

Looking for an activity that provides mental stimulation, physical exercise, and social interaction? Modern square dancing is all that and more! Join us for two fun 4-hour classes. Dance from 10-2 with a break for a light potluck lunch, (bring a dish to share if you'd like). Partners are welcomed, but not necessary. In order to attend the second class, you MUST complete the first one.

26F-DAN-005

S, 9/19 & 9/26 10 - 2 PM Sessions: 2
Boise Valley Square Dance Hall 6534 W Diamond St, Boise
Age: 10+ w/adult
Susan Nuttall, Michael Nuttall Materials: \$ 0.00 Total: \$60.00
Tuition: \$60.00

FITNESS

ATHLETE30

ATHLETE 30 is an athlete inspired, interval training session designed to help you become stronger, faster and more agile. With expert coaching and high powered music, you will be motivated to be the best you can be mentally and physically. You will move station to station, conquering tasks like running, jumping and lifting drills. Each workout employs the ViPR Pro, dumbbells, a step and agility cones. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-017

Th, 9/10-10/22 9 - 9:30 AM Sessions: 7
West Family YMCA 5959 N Discovery Wy, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$32.00
Tuition: \$32.00

BODYATTACK™ EXPRESS & LES MILLS CORE

BODYATTACK™ EXPRESS is a high-energy fitness class. Combine athletic movements like running, lunging, and jumping with strength exercises such as push-ups and squats. LES MILLS CORE is a 30-minute core-training workout that uses your body weight, resistance tubing and weights to tighten and tone your midsection. Exercises are designed to improve your functional strength for better mobility and injury prevention. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-027

Th, 9/10-10/22 2 - 3 PM Sessions: 7
Downtown Boise YMCA 1050 W State St, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$55.00
Tuition: \$55.00



BODYCOMBAT™

High-energy martial arts-inspired workout that is totally non-contact. Punch and kick your way to fitness. No experience needed. Bring your best fighter attitude and leave inhibitions at the door. Closed-toe, supportive shoes are required for classes. Water is recommended, we have some mats to share for floor work. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-031

M, 9/7-10/19 5:35 - 6:35 PM Sessions: 7
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00

26F-FIT-032

T/Th, 9/8-10/22 4:30 - 5:30 PM Sessions: 14
Tuition: \$85.00 Materials: \$ 0.00 Total: \$85.00

26F-FIT-033

F, 9/11-10/23 12 N to 1 PM Sessions: 7
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00
Downtown Boise YMCA 1050 W State St, Boise
Age: 15+
Rotating Instructors

BODYJAM™

Dance-based workout designed to get you moving fast and working your body. Taking inspiration from dancers all over the world, and mixing it up with House, Hip-hop, Drum 'n' Bass, Trap, and all styles of electronic dance music, BODYJAM is a killer workout that burns calories and builds cardio fitness with every class. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-034

T/Th, 9/8-10/22 5:30 - 6:30 PM Sessions: 14
Tuition: \$85.00 Materials: \$ 0.00 Total: \$85.00

26F-FIT-035

S, 9/12-10/24 10:30 - 11:30 AM Sessions: 7
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00
Downtown Boise YMCA 1050 W State St, Boise
Age: 15+
Rotating Instructors

BODYPUMP & BODYPUMP HEAVY

This class combo gives you both regular BODYPUMP plus BODYPUMP HEAVY. Combining these two classes maximizes your results by pairing muscular endurance with hypertrophy and strength. Regular classes use light weights and high reps for cardio and calorie burn, while HEAVY uses heavier weights and fewer reps to build muscle fiber growth, ultimately helping you lift heavier overall. Students will be joining an ongoing class; no refunds if student chooses not to attend after first class.

26F-FIT-036

M/W, 9/7-10/21 5:45 - 6:45 PM Sessions: 14

26F-FIT-037

M/F, 9/7-10/23 2 - 3 PM Sessions: 14

26F-FIT-038

T/Th, 9/8-10/22 6 - 7 AM Sessions: 14
Downtown Boise YMCA 1050 W State St, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$85.00
Tuition: \$85.00

BODYPUMP HEAVY

This class by Les Mills uses temp-based weightlifting with traditional lifting techniques, slow moves, and long recoveries. Backed by the science of BODYPUMP™ — the world's most loved strength class for over 300 years — BODYPUMP HEAVY makes serious weightlifting simple and fun. While this class is approachable for all fitness levels, participants need the ability to move between standing and lying on back unassisted. Students will be joining an ongoing class; no refunds if student chooses not to attend after first class.

26F-FIT-039

T/Th, 9/8-10/22 5:45 - 6:45 PM Sessions: 14
Downtown Boise YMCA 1050 W State St, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$85.00
Tuition: \$85.00

BODYPUMP®

BODYPUMP™ IS THE ORIGINAL BARBELL CLASS™, the ideal workout for anyone looking to get lean, toned and fit — fast. Using light to moderate weights with lots of repetition, BODYPUMP gives you a total body workout. Water bottle and personal mat suggested but not required. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-040

W/F, 9/9-10/23 4:30 - 5:30 PM Sessions: 14
Downtown Boise YMCA 1050 W State St, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$85.00
Tuition: \$85.00

BOOTCAMP

This class is a total body strength training modality that challenges all areas of the body and builds strength and fitness through a variety of intense intervals. Expect to use bodyweight, dumbbells, medicine balls, and any variation of strength training, cardio, core, and flexibility. Please bring a mat. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-045

Th, 9/10-10/22 9:15 - 10:15 AM Sessions: 7
Downtown Boise YMCA 1050 W State St, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$55.00
Tuition: \$55.00

CARDIO STEP TOGETHER

60 minutes of cardio training that uses The STEP® in highly effective, athletic ways. It will get your heart pounding and sweat pouring as you improve your fitness, agility, coordination, and strength with exciting music and group energy. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-020

F, 9/11-10/23 8 - 9 AM Sessions: 7
West Family YMCA 5959 N Discovery Wy, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$55.00
Tuition: \$55.00



CORE FOCUS TOGETHER

A strong core, from your shoulders to your hips, provides the foundation for all of life's movements. Whether you want to improve your athletic performance, prevent back pain, or increase your balance and stability, this dynamic and aerobic 30-minute class will train your muscles and body to work in harmony. Students may be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-023

T, 9/8-10/20 6:30 - 7 PM Sessions: 7
West Family YMCA 5959 N Discovery Wy, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$32.00
Tuition: \$32.00

CROSSFIT

CrossFit workouts are based on functional movements, and these movements reflect the best aspects of gymnastics, weightlifting, running, rowing, and more. Intensity is essential for results and is measurable as work divided by time — or power. The more work you do in less time, or the higher the power output, the more intense the effort. By employing a constantly varied approach to training, functional movements and intensity lead to dramatic gains in fitness. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-016

T/Th, 9/8-10/22 6:20 - 7:20 AM Sessions: 14
West Family YMCA 5959 N Discovery Wy, Boise
Age: 15+
Rotating Instructors Materials: \$ 0.00 Total: \$85.00
Tuition: \$85.00

Commit to get fit this fall! Sign up for a fitness class today! boiselearns.org

CYCLE
A freestyle, non-choreographed cycle class that offers a wide variety of motivating music and several terrain options to get you to the finish line. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-047
M/W, 9/7-10/21 5:30 - 6:30 PM Sessions: 14
Downtown Boise YMCA 1050 W State St, Boise
Tuition: \$85.00 Materials: \$ 0.00 Total: \$85.00

26F-FIT-018
M, 9/7-10/19 6 - 7 PM Sessions: 7
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00

26F-FIT-019
M/F, 9/7-10/23 6:20 - 7:20 AM Sessions: 14
Tuition: \$85.00 Materials: \$ 0.00 Total: \$85.00
West Family YMCA 5959 N Discovery Wy, Boise
Rotating Instructors Age: 15+



GROUP ACTIVE TOGETHER

ACTIVE TOGETHER is an innovative 60-minute workout that improves cardiovascular fitness, builds total-body strength, and enhances movement health for daily life. Inspiring music and supportive coaching will ensure you succeed with simple, athletic exercises that use dumbbells, bodyweight, and The STEP®. Students may be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-021
W/F, 9/9-10/23 11:45 - 12:45 PM Sessions: 14
West Family YMCA 5959 N Discovery Wy, Boise
Rotating Instructors Age: 15+
Tuition: \$85.00 Materials: \$ 0.00 Total: \$85.00

HIIT

Push yourself to new heights with High Intensity Interval Training. Combines intense bursts of cardio, demanding body-weight exercises, tough core conditioning, and targeted weight training. A state-of-the-art full-body workout designed to challenge all fitness levels. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-022
W, 9/9-10/21 6:30 - 7:30 PM Sessions: 7
West Family YMCA 5959 N Discovery Wy, Boise
Rotating Instructors Age: 15+
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00

HIGH FITNESS

HIGH Fitness transforms old-school aerobics into a new fitness experience that combines simple, modern fitness techniques (i.e. HIIT, plyometrics, etc.) with music you know and love. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-049
T/Th, 9/8-10/22 5:30 - 6:30 AM Sessions: 14
Tuition: \$85.00 Materials: \$ 0.00 Total: \$85.00

26F-FIT-050
W, 9/9-10/21 10:45 - 11:45 AM Sessions: 7
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00
Downtown Boise YMCA 1050 W State St, Boise
Rotating Instructors Age: 15+

INTRODUCTION TO NORDIC WALKING

Get in shape faster with Nordic Walking! Using specialized poles and the correct technique, you'll be burning more calories than regular walking, strengthening the upper body, and taking the stress off the lower body. This class covers a brief history of Nordic Walking, and the Boise Nordic walking community. Learn your correct pole height and experience the foundational technique of Nordic Walking and how it is different than trekking or "just walking with poles." Wear athletic shoes, no sandals. Poles provided for use during class.

26F-FIT-011
Th, 9/10 6:30 - 7:30 PM Sessions: 1

26F-FIT-012
Th, 9/24 6:30 - 7:30 PM Sessions: 1
Timberline High Pamela Bryson DeMetro Age: 18+
Tuition: \$11.00 Materials: \$ 0.00 Total: \$11.00

KARATE FOR ADULTS

Middle aged or young at heart, we encourage you to come! This traditional Japanese karate class will emphasize basic techniques, balance, and respect. Course will include self defense training, as well as traditional kicks, blocks and strikes. Wear comfortable loose clothing. Uniforms are not required. Training is barefoot. Please remove any jewelry or watches before class. Ages 12+ with an adult are welcome, but this is NOT a youth only class; teens to seniors are welcome. 2-for-1 registration!

26F-FIT-008
W, 9/9-10/21 7 - 9 PM Sessions: 7
Hoppie Building 1524 S Vista Ave, Ste 2, Boise
Robert Gilmore Age: 12+ w/adult
Tuition: \$90.00 Materials: \$ 0.00 Total: \$90.00

LES MILLS CORE

Suitable for all fitness levels, Les Mills Core is a 30-minute class that helps improve functional strength to build a stronger core, and get better results from other workouts and activities. Les Mills Core is like having a personal trainer, but with all the fun and energy of a group workout. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-041
T, 9/8-10/20 11:30 - 12 N Sessions: 7

26F-FIT-042
F, 9/11-10/23 5:45 - 6:15 PM Sessions: 7

26F-FIT-043
Su, 9/13-10/25 11:35 - 12:05 PM Sessions: 7
Downtown Boise YMCA 5959 N Discovery Wy, Boise
Rotating Instructors Age: 15+
Tuition: \$32.00 Materials: \$ 0.00 Total: \$32.00

LIFT LAB: STRENGTH FOUNDATIONS

Each class is focused on a structured upper/lower body split — you will develop push and pull strength and develop total body power. Each session breaks down the fundamentals of weightlifting with intentional coaching, technical progressions, and purposeful programming designed to help you move well and grow stronger over time. Whether you're new to lifting or refining your skills, LIFT LAB builds confidence, consistency, and real strength one session at a time. No refunds if student chooses not to attend after first class.

26F-FIT-026
T/Th, 9/8-10/22 10:30 - 11:30 AM Sessions: 14
West Family YMCA 5959 N Discovery Wy, Boise
Rotating Instructors Age: 15+
Tuition: \$85.00 Materials: \$ 0.00 Total: \$85.00

**The Fall Session runs
from Sept. 8 – Oct. 22**

MAT PILATES

This class is a low impact, full body workout focused on building core strength, improving posture, increasing flexibility, and enhancing body awareness. The main portion of the class includes a series of slow, deliberate exercises performed while lying on the back, side or stomach. Bring yoga mat and water bottle.

26F-FIT-013
T, 9/8-10/20 6:30 - 7:30 PM Sessions: 7
Timberline High Nanci Bonaminio Age: 18+
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00



PILATES

Build core strength, improve posture, and increase flexibility in this low-impact Mat Pilates class. Using controlled, precise movements and bodyweight exercises, you'll challenge your muscles while enhancing balance and body awareness. While this class is suitable for most fitness levels, participants will need the ability to move through seated, standing, kneeling, and reclined positions unassisted. Students will be joining an ongoing class; no refunds if student chooses not to attend after first class.

26F-FIT-051
W, 9/9-10/21 12 N to 1 PM Sessions: 7
Downtown Boise YMCA 1050 W State St, Boise
Rotating Instructors Age: 15+
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00

ROOFTOP CYCLE

Enjoy 55 minutes of great music, fresh air, and beautiful views as you get in a great ride on the rooftop of the Downtown YMCA! Class utilizes hill climbs and flat sprints to help create intervals, building cardiovascular endurance and muscular strength. Cycle shoes with SPD clips are encouraged but not required. (In the event of inclement weather or poor air quality, class will be held in the indoor Cycle Studio). Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-055
Su, 9/13-10/25 9:15 - 10:15 AM Sessions: 7
Downtown Boise YMCA 1050 W State St, Boise
Rotating Instructors Age: 15+
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00

SHINE DANCE FITNESS

SHiNE Dance Fitness mixes current hit music with original choreography for the ultimate confidence boosting, full body workout experience you didn't know you needed! This fun class is a great workout for all ages and dance abilities. Modifications and options are encouraged as we dance and tone. Students will be joining an ongoing class, but beginners are welcome and encouraged to attend! New routines taught each week, so all students will learn together.

26F-FIT-002
T, 9/8-10/20 10 - 11 AM Sessions: 7
Boise Dance Alliance 3135 E Barber Valley Dr, Boise
Kelly Catt Age: 12+ w/adult
Tuition: \$70.00 Materials: \$ 0.00 Total: \$70.00

STRENGTH TRAIN TOGETHER

This strength training class uses weighted bars, and combines traditional strength exercises with the hottest functional training moves to make you fitter and stronger. High-rep training, athletic movements, and a periodized training approach are key to this results-driven workout. Add dynamic and motivational music, and it simply is the most fun you'll have strength training! Students will be joining an ongoing class. No refunds if student chooses not to attend after the first class.

26F-FIT-025
Th, 9/10-10/22 4:30 - 5:30 PM Sessions: 7
West Family YMCA 5959 N Discovery Wy, Boise
Rotating Instructors Age: 15+
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00

TANG SOO DO FOR ADULTS (AGES 14+)

This is a dynamic and fun martial arts course. Students will develop coordination, strength, flexibility, physical conditioning, build confidence and character and ability to stand up to peer pressure and other intimidating situations.

No Class M 9/7
26F-FIT-014
M/T/Th, 9/8-10/22 6:30 - 7:30 PM Sessions: 20
DragonFire Martial Arts 3085 N Cole Rd, Ste 206, Boise
Jessica McBride Age: 14+
Tuition: \$90.00 Materials: \$ 0.00 Total: \$90.00

TRX BOOTCAMP

The TRX suspension trainer is a system that leverages gravity and your body weight to perform hundreds of exercises. You're in control — simply adjusting your body position to add or reduce resistance. Bootcamp uses all the elements of TRX class but with added use of weights, medicine balls, plyo boxes, kettle bells, and cardio components. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-024
T/Th, 9/8-10/22 12 N to 12:55 PM Sessions: 14
West Family YMCA 5959 N Discovery Wy, Boise
Rotating Instructors Age: 15+
Tuition: \$83.00 Materials: \$ 0.00 Total: \$83.00

GARDEN & THE GREAT OUTDOORS

FOOLING FISH WITH FLIES – FLY FISHING FOR BEGINNERS

If you have just started fly fishing or have always wanted to learn, then this class is for you. Topics covered: basic fly fishing equipment, strategies, and how to put it all together to catch trout. You do NOT need to bring a fly rod to this class.

26F-GAR-010
T/Th, 9/8 & 9/10 6:30 - 8:30 PM Sessions: 2
West Jr High David Lupien Age: 18+
Tuition: \$44.00 Materials: \$ 0.00 Total: \$44.00



INTRO TO BIRD WATCHING
A bird's color, shape, behavior and sounds are useful for identifying birds. Learn about our local birds with Golden Eagle Audubon Society. This program is designed for both beginning birders and those who want to take their skills to the next level. You'll learn how, when, and where to find birds in Southwest Idaho.

26F-GAR-009
M, 10/5 6:30 - 8 PM Sessions: 1
Riverglen Jr High Golden Eagle Audubon Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

OWLS OF IDAHO

Join us for a fun owls class! Learn about owl anatomy, how to identify them, the threats they face, and conservation efforts — plus local spots where you can see owls.

26F-GAR-007
Th, 9/17 6:30 - 8 PM Sessions: 1
Riverglen Jr High Golden Eagle Audubon Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

RAPTORS OF SOUTHWEST IDAHO

Idaho has many fascinating raptors and this class will cover twelve species you are likely to find in Southwest Idaho. We will provide tips on how to identify the juvenile and adult birds in flight and perched. The class also covers the habitat, behavior and migration of each species.

26F-GAR-006
M, 10/19 6:30 - 8 PM Sessions: 1
West Jr High Golden Eagle Audubon Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

SOIL HEALTH 1

Plants and soil microbes need each other. When healthy plant to microbial relationships are established and maintained the soil is capable of storing CO2 from the atmosphere. Learn how to enhance soil health and carbon sequestration while growing healthy plants!

26F-GAR-001
T, 9/15 6:30 - 8 PM Sessions: 1
Timberline High Jean Stage Age: 12+ w/adult
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50



SOIL HEALTH 2

Take a deeper dive into soil health and the relationships between plants and their microbial partners. Learn how to use the principles of soil health to enhance these relationships, add carbon to your soil, increase the water holding capacity of your soil and grow healthy plants! Soil Health1 should be taken as a prerequisite, but is not required.

26F-GAR-002
Th, 9/17 6:30 - 8 PM Sessions: 1
Timberline High Jean Stage Age: 12+ w/adult
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

SOIL HEALTH: PURPLE SAGE FARM

Come listen to Mike Somer talk about Purple Sage Farm, started over 35 years ago by his parents. They grow over 250 varieties of organic herbs, greens and vegetables promoting both diversity of crops and diversity of microbiology in the soil. Their compost is sourced by their sheep and they use minimal tillage practices. The result of the care and attention paid to their soil is a fresh, tasty crop high in nutritional value and flavor. Yum!

26F-GAR-004
T, 9/22 6:30 - 8 PM Sessions: 1
Timberline High Jean Stage Age: 12+ w/adult
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

STORING, SHARING, & SHOWING DAHLIAS

Growing exceptional dahlias is only the beginning of the journey. This hands-on series focuses on 3 essential skills every dahlia enthusiast should master: digging, dividing, and storing. Join instructor Pat Looney for an interactive series that will explore the latest techniques and best practices for storing, sharing, and showing dahlias. Learn practical, up-to-date methods that improve plant health, increase propagation success, and preserve valuable cultivars while gaining the confidence to exhibit blooms successfully. Class will include tips on showing your Dahlias at the Southwest Idaho Dahlia Show at JUMP on September 26.

26F-GAR-003
T, 9/8-9/22 6:30 - 8 PM Sessions: 3
West Jr High Patricia Looney Age: 18+
Tuition: \$48.00 Materials: \$ 0.00 Total: \$48.00

WHAT IT'S LIKE TO BE A BIRD

This is a fascinating look into the world of our feathered neighbors based on David Sibley's book, "What It's Like to Be a Bird." You'll learn about birds' flight, vision, hearing, brains and sounds. Be ready to have your perceptions of birds transformed. Suitable for anyone who loves birds.

26F-GAR-008
M, 9/28 6:30 - 8 PM Sessions: 1
Timberline High Golden Eagle Audubon Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

HEALTH & WELLNESS

A NON-SURGICAL APPROACH TO KNEE PAIN

Explore how human cellular products are revolutionizing healthcare. It can potentially lower inflammation that causes pain in your knees, help eliminate scar tissue that might have developed from old injuries, and help tissue regeneration that has broken down over time. If you have arthritis or old injuries, this is a class you don't want to miss! Taught by Dr. Michelle Litzinger, who specializes in joint pain.

26F-HEA-007
M, 9/21 1:30 - 2:30 PM Sessions: 1
26F-HEA-008
W, 10/14 1:30 - 2:30 PM Sessions: 1
Thrive Chiropractic Boise 2404 S Orchard St, Ste 800, Boise
Michelle Litzinger, DC Age: 18+
Tuition: \$11.00 Materials: \$ 0.00 Total: \$11.00



FIX YOUR NECK PAIN

Effective stretches, strengthening exercises, yoga poses, and posture tips to relieve and prevent neck pain. Wear flexible, comfortable clothing and bring an exercise mat if you have one.

26F-HEA-012
W, 10/7 1:15 - 2:15 PM Sessions: 1
Thrive Chiropractic Boise 2404 S Orchard St, Ste 800, Boise
Angela Young, DC Age: 18+
Tuition: \$11.00 Materials: \$ 0.00 Total: \$11.00

IMPROVE YOUR POSTURE TO DECREASE PAIN

Come learn simple stretches and exercises to improve your posture. Improving posture has the added bonus of not only feeling better about yourself, but also decreasing pain from having good biomechanics. We will be doing hands-on activities, so wear comfortable clothes.

26F-HEA-005
M, 9/14 1:30 - 2:30 PM Sessions: 1
Thrive Chiropractic Boise 2404 S Orchard St, Ste 800, Boise
Yvonne Aicher Age: 18+
Tuition: \$11.00 Materials: \$ 0.00 Total: \$11.00

INTERMITTENT FASTING: REVERSE DIABETES & WEIGHT GAIN

Worried about your high blood sugar and ready to try a new, drug-free approach? Learn to incorporate intermittent fasting into your lifestyle and empower yourself to heal from the inside out. Bonus: spend less money on food!

26F-HEA-003
W, 9/9 6:30 - 8:30 PM Sessions: 1
Riverglen Jr High Kendy Radasky Age: 18+
Tuition: \$22.00 Materials: \$ 1.50 Total: \$23.50



LOW BACK PAIN RELIEF

Discover how to care for your spine and support a strong, pain-free back. This class blends stretching, core-strengthening exercises, and yoga poses aimed at relieving and preventing low back pain. Wear comfortable, flexible clothing and bring an exercise mat if available.

26F-HEA-013
W, 9/16 1:15 - 2:15 PM Sessions: 1
Thrive Chiropractic Boise 2404 S Orchard St, Ste 800, Boise
Angela Young, DC Age: 18+
Tuition: \$11.00 Materials: \$ 0.00 Total: \$11.00

THE SUGAR BLUES: FEEL BETTER WITH LESS SUGAR

Too much sugar is extremely detrimental; immune function declines, diabetes, heart disease, and cancer are all linked to excessive dietary sugar. Learn how our bodies regulate sugar intake, and how a shift toward whole foods can help you on your way to kicking the sugar habit.

26F-HEA-004
W, 9/16 6:30 - 8 PM Sessions: 1
Riverglen Jr High Kendy Radasky Age: 18+
Tuition: \$16.50 Materials: \$ 1.50 Total: \$18.00

HOLISTIC LIVING

EXPLORING YOUR PERSONAL SPIRITUAL/ENERGETIC POWER

Are you an Empath, a Sensitive, an Intuitive, a Psychic? How does one know? Explore all of these various energies, and identify what your energetic gifts are. Learn to muscle test yourself so you can get the guidance you crave and begin to identify where your power lies. Instructor will also help you open to the possibility of living life from a personally empowered stance instead of continuing to "hope" things work out for you. Please come to class well hydrated.

26F-HOL-001
T, 9/29 6:30 - 8:30 PM Sessions: 1
Timberline High
26F-HOL-002
T, 10/20 6:30 - 8:30 PM Sessions: 1
Riverglen Jr High Victoria Savage Age: 18+
Tuition: \$22.00 Materials: \$ 3.00 Total: \$25.00

GUT IT TOGETHER

In this Gut It Together workshop, discover how your mindset, environment, and nervous system impact gut health. Move beyond diet talk and learn a holistic approach to creating balance from the inside out.

26F-HOL-008
W, 9/30 7 - 8 PM Sessions: 1
Timberline High
26F-HOL-009
W, 10/21 7 - 8 PM Sessions: 1
West Jr High Nytashia Allbritton Age: 18+
Tuition: \$11.00 Materials: \$ 0.00 Total: \$11.00

HOMEOPATHY FOR PAIN RELIEF

Join our upcoming class to learn how homeopathy can help you manage headaches, back pain, joint discomfort and more with gentle, natural remedies. You'll discover simple, safe ways to choose the right remedy for your specific type of pain. Come curious, leave confident — and ready to support your body's natural healing.

26F-HOL-006
T, 9/15 6:30 - 8 PM Sessions: 1
26F-HOL-007
W, 9/23 6:30 - 8 PM Sessions: 1
ZOOM Debora Montgomery Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

INTRO TO MEDITATION

Instructor will guide you through a fun and easy to follow meditation activity, intended to open our imagination to nature. We'll use a steady (but not loud) drum beat to keep our concentration on an animal of our choice. We'll let our imagination follow the animal and see how it lives and its role in the world. Afterwards, we will discuss our experiences.

26F-HOL-004
M, 10/12 6:30 - 7:30 PM Sessions: 1
Timberline High LeeAnn Garton Age: 18+
Tuition: \$11.00 Materials: \$ 0.00 Total: \$11.00

PRACTICAL USES OF ESSENTIAL OILS

Discover how simple, natural tools can support your everyday wellness in this hands-on Essential Oils Basics class. You'll learn what essential oils are, how to use them safely, and practical ways to incorporate them into your home, health, and self-care routines. Whether you're brand-new or just curious, you'll leave feeling confident, empowered, and ready to start your own natural wellness journey.

26F-HOL-005
W, 10/21 6:30 - 8 PM Sessions: 1
Riverglen Jr High Christina Forst, Sandra Forst Age: 18+
Tuition: \$16.50 Materials: \$ 4.00 Total: \$20.50

NEW!

Don't miss out on your favorite class! Register today at boiselearns.org!

WHY YOUR LYMPHATIC SYSTEM MATTERS
Learn from an expert what your lymphatic system is and why keeping yourself well depends on it. Learn practical tools and methods for stimulating lymph flow. We will discuss what steps to take to avoid lymphatic congestion. This is a FRAGRANCE-FREE class. Wear non-restricting clothes and bring water bottle!

26F-HEA-014
W, 9/23 6:30 - 8:30 PM Sessions: 1
Timberline High Glenda Bell Age: 18+
Tuition: \$22.00 Materials: \$ 1.00 Total: \$23.00

HOMEOWNERS: BUY, BUILD, MAINTAIN

1031 TAX DEFERRED EXCHANGES & ANALYZING INVESTMENT PROPERTIES

Learn about 1031 tax deferred exchanges and how you can defer paying taxes when you sell income and investment properties. You will also learn some basics about analyzing investment properties and capitalization rates. 2-for-1 registration!

26F-HOU-011
W, 9/16 6:30 - 8 PM Sessions: 1
Riverglen Jr High Ron Bishop Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

BUY & MANAGE RENTALS

Led by a local real estate broker, students will learn about screening renters, legal issues, mistakes to avoid, streamlining the process and financing options for buying. Informational packet includes lease forms, rental applications, 1031 tax exchange info, tenant/landlord law info, and more! 2-for-1 registration!

26F-HOU-010
T, 9/8 & 9/15 6:30 - 8:30 PM Sessions: 2
Riverglen Jr High Ron Bishop Age: 18+
Tuition: \$44.00 Materials: \$ 0.00 Total: \$44.00

COUNTERTOP CONFUSION SOLVED

Whether you are remodeling, restoring or building a new home, surface selection for kitchens and bathrooms can be confusing. Learn the trends, options and differences between quartz, engineered stone, granite, quartzite, marble, dolomite and large format tile. Demystify the fabrication process and what is involved in installation and options for countertops, bathrooms, and strategies to cut costs on your projects. 2-for-1 registration!

26F-HOU-014
Th, 10/1 6 - 7:30 PM Sessions: 1
RBG Surfaces 5103 N Sawyer Ave, Garden City
Gisele Pope Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

HOME SELLING WITH SUCCESS

This engaging class will provide a comprehensive roadmap to a stress free home sale. Learn up to date market trends, pricing and prepping strategies, the importance of timing, and much more! 2-for-1 registration!

26F-HOU-005
W, 9/16 6:30 - 8 PM Sessions: 1
Riverglen Jr High Ron Bishop Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

26F-HOU-006
Th, 10/1 6:30 - 8 PM Sessions: 1
West Jr High Kim Stastny Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

26F-HOU-007
Th, 10/22 6:30 - 8 PM Sessions: 1
Timberline High Eddy Udry Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

boiselearns.org

PREPARE TO BUY YOUR FIRST HOME! TOPIC
Prepare to buy your first home! Topics include understanding credit, employment requirements, saving for a down payment/other expenses, time for Q & A. Get answers to your home buying vs home loan questions! 2-for-1 registration!

26F-HOU-008
T, 9/15 6:30 - 7:30 PM Sessions: 1
26F-HOU-009
T, 10/13 6:30 - 7:30 PM Sessions: 1
Timberline High Jeff Enrico, Age: 18+
Aleja Stacey Materials: \$ 0.00 Total: \$11.00
Tuition: \$11.00



PATHWAY TO HOMEOWNERSHIP

If you are a first time home buyer and want to learn what is involved in purchasing a home, this is the class for you! We will discuss the lending process and go over credit, income, and down payments. We will also share what to expect when you are house hunting, and the process of making an offer. 2-for-1 registration!

26F-HOU-004
T, 9/8 6:30 - 8:30 PM Sessions: 1
West Jr High Ron Bishop Age: 18+
Tuition: \$16.50 Materials: \$ 0.00 Total: \$16.50

26F-HOU-002
W, 9/23 6:30 - 8:30 PM Sessions: 1
Riverglen Jr High Ron Bishop Age: 18+
Tuition: \$44.00 Materials: \$ 0.00 Total: \$44.00

26F-HOU-001
Th, 10/8 6:30 - 8:30 PM Sessions: 1
Timberline High Kim Stastny, Age: 18+
Eddy Udry Materials: \$ 0.00 Total: \$22.00
Tuition: \$22.00

SELLING SMART: STRATEGIES TO MAXIMIZE YOUR HOME SALE

Thinking about selling your home? This class will show you how to capitalize on the current market before conditions shift. Discover insider strategies for getting top dollar fast. Learn what to avoid, what truly works, and how to make your move with confidence in today's market. 2-for-1 registration!

26F-HOU-013
T, 10/6 6:30 - 8:30 PM Sessions: 1
West Jr High Christina Moore Ward Age: 18+
Tuition: \$22.00 Materials: \$ 0.00 Total: \$22.00

SMART HOME BUYING: NAVIGATING YOUR FIRST (OR NEXT) PURCHASE WITH CONFIDENCE

Thinking about buying your first home — or diving back in after years away? This essential workshop will walk you through today's home buying journey, demystifying every step from loan pre-approval to the closing table. Learn how to confidently navigate the market, avoid costly mistakes, and make smart, informed decisions. Whether you're overwhelmed or just want a game plan, this class offers expert insights into what buyers must know. 2-for-1 registration!

26F-HOU-012
Th, 9/24 6:30 - 8:30 PM Sessions: 1
West Jr High Christina Moore Ward Age: 18+
Tuition: \$22.00 Materials: \$ 0.00 Total: \$22.00

3 WAYS TO REGISTER!

1 ONLINE!

Go to boiselearns.org for a current class list.

2 PHONE!

Call 208.854.4047.

We accept Visa, MasterCard and Discover.

3 IN PERSON

exact cash and checks accepted

Office hours are 8 a.m. - 4 p.m., M-F

8169 W. Victory Rd., Boise

Registration cannot be completed without payment. Registering for and enrolling in one of our classes implies that you have read, understood and agree to the disclaimers printed on the registration form on page 16 of this catalog.

KIDS

IRISH STEP DANCING

Experience the excitement of traditional Irish dance through lively music and dynamic footwork. Students will learn from an award-winning Irish dance champion and experienced performer. AGES 6 - 18.

26F-DAN-001
M, 9/14-10/19 5:30 - 6:30 PM Sessions: 6
Killarney Irish Dance Studio 3355 N Five Mile Rd, Boise
Carly Allen Age: 6-18
Tuition: \$60.00 Materials: \$ 0.00 Total: \$60.00

KIDS MARTIAL ARTS — TANG SOO DO

A dynamic and fun martial arts course. Program builds confidence and character and helps students stand up to peer pressure and other intimidating situations, along with developing physical conditioning. No class M 9/7

26F-KIDS-001
M/T/Th, 9/8-10/22 5:30 - 6:15 PM Sessions: 20
Tuition: \$65.00 Materials: \$ 0.00 Total: \$65.00
26F-KIDS-002
T/Th, 9/8-10/22 4 - 4:45 PM Sessions: 14
Tuition: \$55.00 Materials: \$ 0.00 Total: \$55.00
DragonFire Martial Arts 3085 N Cole Rd, Ste 206, Boise
Kamie Eisenbeis Age: 7-12

LITTLE NINJAS

This detailed curriculum focuses on improving children's basic motor and listening skills through a fun martial arts format. The Little Ninjas program will also prepare your child for the Kids Tang Soo Do class.

26F-KIDS-003
T/Th, 9/8-10/22 4:45 - 5:15 PM Sessions: 14
26F-KIDS-004
W/F, 9/9-10/23 4:45 - 5:15 PM Sessions: 14
DragonFire Martial Arts 3085 N Cole Rd, Ste 206, Boise
Kamie Eisenbeis Age: 4-6
Tuition: \$50.00 Materials: \$ 0.00 Total: \$50.00

**Community Ed classes
are fun for the
whole family!**

TAEKWONDO BASICS FOR TINY TIGERS

Through Songham Taekwondo, Tiny Tiger students develop focus, longer attention spans, physical coordination, bully prevention, and self-defense skills.

26F-KIDS-007
T, 9/8-10/20 5 - 5:30 PM Sessions: 7
26F-KIDS-005
M, 9/14-10/26 6 - 6:30 PM Sessions: 7
Eagle ATA Martial Arts Center/Karate for Kids
1107 E Iron Eagle Dr, Ste 130, Eagle
Chris Colberg, Kit Colberg Age: 4-6
Tuition: \$38.00 Materials: \$ 0.00 Total: \$38.00

TAEKWONDO BASICS FOR YOUTH

Through Songham Taekwondo, Youth students develop focus, longer attention spans, physical coordination, bully prevention, and self-defense skills.

26F-KIDS-008
T, 9/8-10/20 4:30 - 5 PM Sessions: 7
26F-KIDS-006
M, 9/14-10/26 5:30 - 6 PM Sessions: 7
Eagle ATA Martial Arts Center/Karate for Kids
1107 E Iron Eagle Dr, Ste 130, Eagle
Chris Colberg, Kit Colberg Age: 7-12
Tuition: \$38.00 Materials: \$ 0.00 Total: \$38.00

TAP JAZZ, BALLET & ACROBATICS — AGES 6-8

Children will learn age-appropriate dance technique, coordination, and basic acrobatic skills while having fun! Call instructor for help getting affordable dance shoes. Class is for newcomers to Susie's studio; if you have previously taken this class through Community Ed, please contact instructor about class options.

26F-DAN-007
W, 9/23-10/7 5:30 - 6:15 PM Sessions: 3
Susie's Tap and Jazz Etc 6053 W Corporal Ln, Boise
Susie Depew Age: 6-8
Tuition: \$22.00 Materials: \$ 0.00 Total: \$22.00



AP JAZZ, BALLET & ACROBATIC – KINDERGARTEN

Children will learn age-appropriate dance technique, coordination, and basic acrobatic skills while having fun! Call instructor for help getting affordable dance shoes. Class is for newcomers to Susie's studio; if you have previously taken this class through Community Ed, please contact instructor about class options.

26F-DAN-006		
M, 9/21-10/5	5:30 - 6:15 PM	Sessions: 3
Susie's Tap and Jazz Etc.	6053 W Corporal Ln, Boise	Age: 18+
Susie Depeu		Age: 5-6
Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

LANGUAGE

SPANISH FOR EVERYONE

SPANISH FOR EVERYONE is designed to help those interested in learning and/or improving their Spanish, regardless of previous language experience. A fun learning method!

26F-LAN-001		
M, 9/14-10/5	7 - 8:30 PM	Sessions: 4
Timberline High	Rosemarie Schwarzenberger	Age: 18+
Tuition: \$66.00	Materials: \$ 0.00	Total: \$66.00

LEISURE

CREATIVE WRITING PROSE WORKSHOP

This class will help writers of all skill levels improve their work on fiction, short stories, books, memoir, or essays. Students will work on a variety of assignments, as well as read and positively critique each other's pieces. At some point during the class, AFTER the 2nd class, each student will bring an original written piece (no more than 10 pages) to be workshoped.

26F-LEI-005		
W, 9/9-10/21	6:30 - 8:30 PM	Sessions: 7
West Jr High	Georgiann Wheeler	Age: 18+
Tuition: \$90.00	Materials: \$ 0.00	Total: \$90.00



JUGGLING

Learn the step-by-step process to juggle three items, and variations to add later. Balls will be provided for you to take home and continue to practice. Homework before class: throw a ball from your right hand to your left with an underhand toss, arching it just at your eye level. Then throw the same way from your left hand to your right.

26F-LEI-002		
Th, 10/8	7 - 8 PM	Sessions: 1
Timberline High	Vince Matthews,	Age: 18+
	Brian Klene	Age: 18+
Tuition: \$11.00	Materials: \$ 0.00	Total: \$11.00

LEARN TO PLAY GO

Go is a two-person, strategic board game that is over 4,000 years old. It is the essence of simplicity and the ultimate of complexity, all at the same time. Learning Go is easy; mastering Go is a delightful, never-ending challenge!

26F-LEI-001		
M, 9/28	6:30 - 8:30 PM	Sessions: 1
West Jr High	Patrick Grever	Age: 18+
Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

PUPPETRY FOR TEACHING & COMMUNICATION

Puppets can help us express difficult emotions and teach concepts in a fun and lighthearted way. This class explores the empowering techniques used to create puppet life using movement, sound and whatever else is available. Puppets are provided, but participants are welcome to bring favorite toys and/or puppets.

26F-LEI-003		
T, 9/29	6:30 - 8 PM	Sessions: 1
Timberline High	LeeAnn Garton	Age: 10+ w/adult
Tuition: \$16.50	Materials: \$ 0.00	Total: \$16.50

MUSIC

BEGINNER UKULELE

Almost anyone can learn to play the ukulele. In this class you will be shown the techniques necessary to play chords and traditional hapa haole/island rhythms on this easy to learn instrument. Students bring ukulele (Soprano, Concert, or Tenor) and a 3-ring binder.

26F-MUS-001		
T, 9/8-10/20	6:30 - 7:30 PM	Sessions: 7
Riverglen Jr High	Andrew Query	Age: 12+ w/adult
Tuition: \$70.00	Materials: \$ 0.00	Total: \$70.00



PERSONAL ENRICHMENT

ABANDONING CABLE TV FOR INTERNET STREAMING

Class will provide information on the selection of internet connection devices. Explore various internet content providers such as Netflix, Disney +, Sling TV, Apple TV+ and others. Learn more about the different system components and how they integrate, as well as internet capacities to support streaming services.

26F-PEN-014		
T, 9/29	6:30 - 8:30 PM	Sessions: 1
Riverglen Jr High	John Courtright	Age: 18+
Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

ADVANCE PLANNING FOR HEALTHCARE: STARTING THE DISCUSSION

As you age, it is important to reflect on your personal experiences, values, and preferences, talk and review these values with the people who are important to you, and appoint a person to serve as your agent if you become unable. This class will help you talk with your family and friends about your wishes for healthcare and includes an informational handout to facilitate further thought and discussion.

26F-PEN-010		
Th, 10/15	6:30 - 8 PM	Sessions: 1
Timberline High	Dr. Richard Hagelberg	Age: 18+
Tuition: \$16.50	Materials: \$ 1.50	Total: \$18.00

AMATEUR RADIO FOR EMERGENCY COMMUNICATIONS

This class will show newly licensed amateur radio operators (Hams) how to use amateur radio for "emergencies" and be prepared when traditional communications means are down. Having an amateur radio license is helpful, but not required.

26F-PEN-006		
T, 9/15	6:30 - 7:30 PM	Sessions: 1
Riverglen Jr High	Bart Hill	Age: 18+
Tuition: \$11.00	Materials: \$ 0.00	Total: \$11.00



BEGINNING ETIQUETTE & AFTERNOON TEA MASTERCLASS

Instruction begins with receiving the latest book from Polite Society School of Etiquette entitled, "The Art of Timeless Etiquette, Graceful Dining Manners, and Afternoon Tea." Please join Ms. Petrotta in this instructional presentation masterclass that will include Continental and American-Style dining methods, table setting illustrations, entertaining guidelines, tea etiquette along with the formalities of preparing a "proper" afternoon tea and much more.

26F-PEN-009		
Th, 9/17	6:30 - 8:30 PM	Sessions: 1
Timberline High	Bernadette Petrotta	Age: 12+ w/adult
Tuition: \$22.00	Materials: \$ 29.00	Total: \$51.00

COURAGEOUSLY CURIOUS PARENTING

What if parenting is a sacred invitation to our own growth? Bring your courageous curiosity to this small group setting and explore big questions with your neighbors.

26F-PEN-024		
M, 9/14	6:30 - 8 PM	Sessions: 1
Timberline High	Mariah Norris	Age: 18+
Tuition: \$16.50	Materials: \$ 0.00	Total: \$16.50

DEATH SCENE INVESTIGATION AND THE FORENSIC AUTOPSY

This course offers a rare, behind-the-scenes look at the many roles of the Ada County Coroner's Office. Learn the ins and outs of a medicolegal death investigation. Gain insight into how the coroner's office functions as a vital public safety partner by serving and supporting the community. This class will leave you with a deeper appreciation for the people working quietly to protect and serve the living through their care for the dead. Actual crime scene photos will be studied; some graphic images will be shown. **Age 18+ NO EXCEPTIONS!**

26F-PEN-021		
W, 9/9-10/14	6 - 8 PM	Sessions: 6
Ada County Coroner's Office	95 N Touchmark Way, Meridian	
	Ada County Coroner's Office Staff	
	Age: 18+ NO EXCEPTIONS	
Tuition: \$95.00	Materials: \$ 0.00	Total: \$95.00

VOICE-OVER! OVER! OVER!

In this class, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. You will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! In addition to instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day.

26F-PEN-002		
M, 10/5	6:30 - 8 PM	Sessions: 1
West Jr High		
26F-PEN-001		
Th, 10/15	7 - 8:30 PM	Sessions: 1
ZOOM	Lisa Foster	Age: 18+
Tuition: \$16.50	Materials: \$ 0.00	Total: \$16.50

DIVERSION AND RECYCLING AT HOME & THE LANDFILL

The Ada County Landfill was engineered to last 100 years. With growth in the Treasure Valley, it's essential that we find ways to extend the life of the landfill. Strengthen your knowledge of curbside recycling, discuss local diversion options, and learn more about how a modern landfill operates. This class is not a tour. Tours of the Landfill can be set up through the instructor.

26F-PEN-019		
W, 9/9	6:30 - 7:30 PM	Sessions: 1
Timberline High	Rebecca Weeks	Age: 18+
Tuition: \$11.00	Materials: \$ 0.00	Total: \$11.00

HOW TO CONNECT TO BROADCAST TV

Examine broadcast TV, TV antennas, placement, cabling, controllers and sling AirTV. The goal of the class is to help individuals identify the problems they may be encountering and help evaluate the amount of time, effort, and complexity as they acquire the Over The Air (OTA) channels. The class focuses only on OTA TV.

26F-PEN-015		
T, 10/13	6:30 - 8:30 PM	Sessions: 1
Riverglen Jr High	John Courtright	Age: 18+
Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

HOW TO SUPPORT STRUGGLING READERS

Join Amy Eiden, Structured Literacy Dyslexia Interventionist (SLDI), and learn how to support children who struggle to read. We will discuss how to identify if a child is having difficulty reading, why they might be struggling, and activities to strengthen their reading fluency.

26F-PEN-022		
M, 10/12	6:30 - 7:30 PM	Sessions: 1
Timberline High	Amy Eiden,	Age: 18+
	M.Ed., A/OGA, C-SLDI	Age: 18+
Tuition: \$11.00	Materials: \$ 0.00	Total: \$11.00



Learn something new this fall!
Register today! boiselearns.org

**Register today at
boiselearns.org**

INTRODUCTION TO HAM RADIO

This class will discuss what ham radio is, what it can do and how to get licensed. It will also briefly cover how to use Ham Radio in an emergency.

26F-PEN-011 T, 9/8 Riverglen Jr High Tuition: \$11.00	6:30 - 7:30 PM Bart Hill Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$11.00
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PROTOCOL, DECORUM, AND SAVOIR-FAIRE MASTERCLASS

Instruction begins with receiving the latest book from Polite Society School of Etiquette entitled, "The Art of Timeless Etiquette, Graceful Dining Manners, and Afternoon Tea." Please join Ms. Petrotta in learning protocol, decorum, and savoir-faire. This course will teach students how to cultivate their appearance, learn how to brand themselves and where to socialize, ascertain office etiquette, acquire proper travel skills, understand common courtesies, perfect appropriate interview guidelines, and cover all aspects of dining.

26F-PEN-013 W, 9/16 Timberline High Tuition: \$22.00	6:30 - 8:30 PM Bernadette Petrotta Age: 12+ w/adult Materials: \$ 29.00	Sessions: 1 Age: 12+ Total: \$51.00
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PSAT/SAT/ACT: SECRETS TO MASTER STANDARDIZED TESTS

Learn the format of the PSAT, SAT and ACT, what factors influence college admissions/scholarships and tips to improve your score. Bring your questions and leave with a better understanding of these important exams that affect your future!

26F-PEN-003 T, 9/15 26F-PEN-004 M, 10/5 ZOOM Tuition: \$11.00	6:30 - 7:30 PM Bart Hill Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$11.00
	6:30 - 7:30 PM Jennifer Hovey Materials: \$ 0.00	Sessions: 1 Age: All Total: \$11.00

RADIO SYSTEMS

This class will compare and contrast Family Radio System, General Mobile Radio System, Multi Use Radio System, Citizens Band Radio and Amateur Radio System with respect to capabilities and usage of each radio service.

26F-PEN-007 T, 9/22 Riverglen Jr High Tuition: \$11.00	6:30 - 7:30 PM Bart Hill Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$11.00
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RESEARCHING & PUBLISHING A HISTORICAL NOVEL

Learn how the instructor used modern digital tools and family documents to research his 14th book, a historical novel. Learn when to use AI, and discuss the pros and cons of traditional, independent, and digital publishing.

26F-PEN-016 T, 10/6 Timberline High Tuition: \$22.00	6:30 - 8:30 PM Rick Just Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$22.00
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SACRED SPACE: HOW WE USE POWER

Discuss power imbalances as sacred space in a small group setting. Explore sacred stewardship and partnership in our relationships, workplaces, and communities.

26F-PEN-023 W, 9/9 Timberline High Tuition: \$16.50	6:30 - 8 PM Mariah Norris Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$16.50
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THE MYTHS OF GRIEF AND BEREAVEMENT

Common beliefs about grief can increase confusion or shame by those who are grieving the loss of a loved one. This class teaches a kinder truth and provides ways to find relief.

26F-PEN-005 W, 10/7 Riverglen Jr High Tuition: \$22.00	6:30 - 8:30 PM Molly Zola Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$22.00
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VIRTUAL TOUR OF ROME

This class will go on a virtual tour to see some of the best sites in Rome, visiting locations such as ancient Roman ruins, the catacombs, famous plazas and churches, and local gems. While "touring" each location we will learn about culture (ancient and modern), history, and other fascination facts.

26F-PEN-020 T, 9/29-10/20 West Jr High Tuition: \$66.00	6:30 - 8 PM Spencer Peterson Materials: \$ 0.00	Sessions: 4 Age: 18+ Total: \$66.00
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WHEN HOME ISN'T ENOUGH: NAVIGATING CARE FOR AGING PARENTS

This presentation is designed for adult children and families who are starting to worry about an aging parent and aren't sure what to do next. It walks attendees through the early warning signs that additional support may be needed, and provides an overview of the full continuum of senior care. Attendees leave with a step-by-step roadmap, trusted resources, and reassurance that help is available.

26F-PEN-012 W, 9/16 West Jr High Tuition: \$22.00	6:30 - 8:30 PM Stacy Gunnerson Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$22.00
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WOMEN'S SELF DEFENSE

This class is 6 modules that focuses on the defense of women. We will meet together one night a week for six weeks exploring topics of women's risks, challenges and defenses in a relaxed, low-key and fun environment.

26F-FIT-015 W, 9/9-10/21 DragonFire Martial Arts Tuition: \$65.00	6:30 - 7:30 PM 3085 N Cole Rd, Ste 206 Kamie Eisenbeis Materials: \$ 0.00	Sessions: 7 Age: 18+ Total: \$65.00
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PERSONAL FINANCE

A, B, C, & Ds OF MEDICARE

This course includes a deep dive into Medicare and your insurance options, brief history of Medicare, an in-depth explanation of Medicare Parts A, B, C and D, Medicare enrollment guidelines and how to avoid a late enrollment penalty, premiums associated with Medicare, and a detailed outline of the ways to fill in the gaps of Medicare.

26F-PFI-006 M, 9/14 Timberline High 26F-PFI-005 M, 10/5 Riverglen Jr High Tuition: \$16.50	6:30 - 8 PM Ken Azbill, Angie Jackson Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$16.50
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**Keep more of your
hard-earned \$\$.
Let a Community Ed
class show you how!**

COLLEGE FUNDING: A PARENT GUIDE

From paying smart to saving early, this class shows parents how to lower college costs — perfect for families about to send their kids to college or just getting started.

26F-PFI-027 W, 10/14 ZOOM 26F-PFI-026 M, 10/19 Riverglen Jr High Tuition: \$11.00	6:30 - 7:30 PM Annaliese Gerdas Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$11.00
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ESTATE PLANNING 101

Estate Planning is critical for EVERYONE, regardless of your wealth! Join a local estate planning attorney to learn/avoid the Top 10 Mistakes people make regarding estate planning, and what is included in a "complete" estate plan. Class covers Wills, Trusts, Powers of Attorney, Living Wills, Probate, as well as how to keep the chaos and uncertainty of death at bay. You'll learn a lot and maybe laugh a little! 2-for-1 registration!

26F-PFI-011 W, 9/9 West Jr High 26F-PFI-016 M, 9/14 Riverglen Jr High 26F-PFI-014 W, 9/23 Timberline High 26F-PFI-012 M, 9/28 West Jr High 26F-PFI-015 W, 10/7 Timberline High 26F-PFI-017 W, 10/14 Riverglen Jr High 26F-PFI-013 M, 10/19 West Jr High Tuition: \$22.00	6:30 - 8:30 PM Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$22.00
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ESTATE PLANNING FOR LONG-TERM CARE AND PEACE OF MIND

Does your estate plan address your long-term care concerns and give you peace of mind for the future? Learn what steps to take to ensure your estate is protected. Topics include preparing for long-term care, VA/Medicaid planning, advanced directives, living wills, powers of attorneys, wills and trusts. 2-for-1 registration!

26F-PFI-002 W, 9/16 West Jr High 26F-PFI-004 W, 9/30 Timberline High 26F-PFI-003 W, 10/14 West Jr High Tuition: \$16.50	6:30 - 8 PM Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$16.50
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FINANCIAL POWERS OF ATTORNEY

Many of us will need someone to help handle our financial affairs at some point. This practical course explores the options available in planning ahead for this possibility and avoiding the need for a conservator appointed by a judge. We will discuss Financial Powers of Attorney from both the perspective of the principal (the person granting the power) and the agent (the person exercising the power). After discussing key factors, a sample Financial Power of Attorney will be provided.

26F-PFI-001 T, 9/22 Timberline High Tuition: \$16.50	6:30 - 8 PM John McGown Materials: \$ 1.50	Sessions: 1 Age: 18+ Total: \$18.00
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FOUNDATIONS OF INVESTING

For students who are either new to investing, or need a refresher. Learn the importance of developing a strategy, the impact of asset allocation, and the influence of inflation on your long-term goals.

26F-PFI-019 T, 9/15 26F-PFI-021 T, 10/13 ZOOM Tuition: \$11.00	6 - 7 PM Randall Dorvin Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$11.00
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RETIREMENT READY: TAXES & INVESTING

Confused by retirement accounts, investing, or taxes? This class explains key financial concepts in clear, practical, easy-to-understand language.

26F-PFI-007 W, 9/9 Riverglen Jr High 26F-PFI-008 T, 9/22 ZOOM Tuition: \$16.50	6:30 - 8 PM Gretchen Brown Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$16.50
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RETIREMENT: MAKING YOUR MONEY LAST

Designed to help students prepare to live the retirement they've envisioned. Learn investment strategies to help build a strategy to last throughout one's retirement years. Also, explore how to address key concerns such as inflation, health care expenses and market volatility, as well as ways to prepare in advance for the unexpected.

26F-PFI-020 T, 9/29 ZOOM Tuition: \$11.00	6 - 7 PM Randall Dorvin Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$11.00
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TAX SAVVY RETIREMENT

Learn how to reduce taxes in retirement with smart withdrawal strategies, Roth conversions, and RMD planning. Build a tax-efficient income plan that helps you keep more of your savings.

26F-PFI-009 M, 10/12 Riverglen Jr High 26F-PFI-010 W, 10/21 ZOOM Tuition: \$16.50	6:30 - 8 PM Gretchen Brown Materials: \$ 0.00	Sessions: 1 Age: 18+ Total: \$16.50
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LOCK YOUR HOME'S HIDDEN RETIREMENT POTENTIAL 2 FOR 1!

Join us to discover the facts about Home Equity Conversion Mortgage (HECMs) and how your home may be used as a valuable financial resource during retirement. Learn how a HECM works, who may qualify, and the different ways home equity can be accessed to help improve cash flow or meet retirement goals. We'll discuss how homeowners continue to retain title to their home while meeting the loan requirements, explain the FHA non-recourse feature, and review both the benefits and potential drawbacks of this unique financial tool. Whether you're simply exploring your options or planning for the future, this educational class will provide balanced information and plenty of time to have your questions answered. 2-for-1 registration!

26F-PFI-024	W, 9/9	6:30 - 8 PM	Sessions: 1
	Riverglen Jr High		
26F-PFI-023	M, 9/21	6:30 - 8 PM	Sessions: 1
	West Jr High		
26F-PFI-025	Th, 10/8	6:30 - 8 PM	Sessions: 1
	Riverglen Jr High		
26F-PFI-022	T, 10/20	6:30 - 8 PM	Sessions: 1
	Timberline High	Jennifer Jones	Age: 18+
	Tuition: \$16.50	Materials: \$ 0.00	Total: \$16.50

PETS

DIABETES MANAGEMENT FOR YOUR DOG

Learn basic information about caring for your dog after this common canine diagnosis, including insulin use and blood glucose monitoring, the basics and management of diabetes care and common complications, techniques and equipment for diabetes care, tips and information from the instructor's professional "human" role and practical tips from the instructor's own experience. Sharing information and experience between class participants is also quite helpful.

26F-PET-001	M, 10/19	6:30 - 8:30 PM	Sessions: 1
	Timberline High	Janet Tweedle	Age: 18+
	Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

HOW TO HELP YOUR BARKING/LUNGING DOG

Does your dog bark and lunge at people or other dogs? The good news is that you can change the way your dog reacts. This one-night class will not fix your dog's behavior, but it will introduce you to local and online resources to help you chart a new, and better path forward.

26F-PET-002	Th, 9/10	6:30 - 8:30 PM	Sessions: 1
	ZOOM	Christina O'Brien	Age: 16+ w/adult
	Tuition: \$22.00	Materials: \$ 0.00	Total: \$22.00

MENTAL FUN AND GAMES WITH YOUR DOG
Did you know that mental exercise can be more tiring than physical exercise for your dog? Come learn simple games using household items to challenge your dog's brain. Great for homes with small spaces, timid dogs, exuberant dogs, older dogs, blind dogs, deaf dogs, dogs on restricted activity, puppies, or hyper-energetic dogs that exercise just can't tire out; in other words – all dogs!

26F-PET-003	T, 10/6	6:30 - 8 PM	Sessions: 1
	ZOOM	Christina O'Brien	Age: 16+ w/adult
	Tuition: \$16.50	Materials: \$ 0.00	Total: \$16.50



PHOTOGRAPHY

PHOTOGRAPHY FOR BEGINNERS

This course will focus on the use of Digital Single Lens Reflex cameras and the use of the most basic components contained in the camera menu. Concepts of composition, color and use of light will also be discussed. Please bring DSLR or film SLR cameras and specific user guide/manual for camera to classes. User guides and manuals can usually be found and downloaded online by searching for make and model of camera. The owners guide/manual is an important part of the classwork.

26F-PHO-001	T/Th, 9/8-9/17	6:30 - 8:30 PM	Sessions: 4
	West Jr High	Tom Alvarez	Age: 18+
	Tuition: \$75.00	Materials: \$ 2.00	Total: \$77.00

PHOTOGRAPHY: BEYOND THE BASICS NEW!

Build on what you learned in the beginner photography class to explore a creative direction in your photography. We will explore how to break all the basic photographic science rules to produce new and different imagery!

26F-PHO-002	T/Th, 9/29 & 10/1	6:30 - 8:30 PM	Sessions: 2
	West Jr High	Tom Alvarez	Age: 18+
	Tuition: \$44.00	Materials: \$ 0.00	Total: \$44.00



Students must have an email address and Internet access to take Virtual classes

boiselearns.org

YOGA & MEDITATION

BODYBALANCE™

Yoga-based class is a blend of Yoga, Tai Chi, and Pilates set to music to help guide you. The class includes balance and stretching to help round out and complement any fitness routine. Instructors will provide options for those just getting started. Participants will need the ability to move through seated, standing, kneeling and reclined positions unassisted. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-029	T/Th, 9/8-10/22	5:45 - 6:45 PM	Sessions: 14
	Tuition: \$85.00	Materials: \$ 0.00	Total: \$85.00
26F-FIT-028	Th, 9/10-10/22	12 N to 1 PM	Sessions: 7
26F-FIT-030	S, 9/12-10/24	11:45 - 12:45 PM	Sessions: 7
	Downtown Boise YMCA	1050 W State St, Boise	
	Rotating Instructors-YMCA	Age: 15+	
	Tuition: \$55.00	Materials: \$ 0.00	Total: \$55.00

HATHA FLOW YOGA

This class blends steady movement with gentle poses to build strength, balance, and flexibility. Move mindfully from one posture to the next, focusing on your breath and body awareness. It's a calm, beginner-friendly practice that helps reduce stress and leaves you feeling relaxed and refreshed. Open to everyone with the ability to move through seated, standing, kneeling, and reclined positions unassisted. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-048	F, 9/11-10/23	10 - 11 AM	Sessions: 7
	Downtown Boise YMCA	1050 W State St, Boise	
	Rotating Instructors-YMCA	Age: 15+	
	Tuition: \$55.00	Materials: \$ 0.00	Total: \$55.00

POWER VINYASA YOGA

Move with energy, intention, and rhythm. This dynamic flow builds heat, strength, and flexibility while syncing breath with movement. A fresh, uplifting class for those wanting to energize their week. While this class is approachable for most fitness levels, participants will need the ability to move through seated, standing, kneeling, and reclined positions unassisted. Students will be joining an ongoing YMCA class; no refunds if student chooses not to attend after the first class.

26F-FIT-052	M, 9/7-10/19	1:30 - 2:30 PM	Sessions: 7
	Downtown Boise YMCA	1050 W State St, Boise	
	Rotating Instructors-YMCA	Age: 15+	
	Tuition: \$55.00	Materials: \$ 0.00	Total: \$55.00

POWER YOGA

Fast paced, strength-building workout that combines strength, flexibility, and endurance. Through challenging poses and flowing movements, improve muscle tone, boost energy, and enhance focus. Participants must have ability to move through seated, standing, kneeling, and reclined positions unassisted. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-053	W, 9/9-10/21	6 - 7 AM	Sessions: 7
26F-FIT-054	Th, 9/10-10/22	4:15 - 5:15 PM	Sessions: 7
	Downtown Boise YMCA	1050 W State St, Boise	
	Rotating Instructors-YMCA	Age: 15+	
	Tuition: \$55.00	Materials: \$ 0.00	Total: \$55.00

YOGA (ALL LEVELS)

Using attention and breath, learn how to move through the yoga poses (asanas) to improve balance, reduce stress, and increase body awareness and flexibility. Some yoga experience is helpful but not required. Open to everyone with the ability to move through seated, standing, kneeling, and reclined positions unassisted. Students will be joining an ongoing class; no refunds if student chooses not to attend after the first class.

26F-FIT-058	F, 9/11-10/23	6 - 7 AM	Sessions: 7
	Downtown Boise YMCA	1050 W State St, Boise	
	Rotating Instructors-YMCA	Age: 15+	
	Tuition: \$55.00	Materials: \$ 0.00	Total: \$55.00

YOGA FOR A PAIN-FREE SPINE

Improve your posture, strengthen your core, and relieve back discomfort with gentle yoga practices designed to support a healthy spine. This class combines mindful movement, stretching, and breathing techniques to increase flexibility, reduce tension, and promote lasting back health. All levels but best suited for individuals who can get on and off the floor.

26F-HEA-009	W, 9/9	1:15 - 2:15 PM	Sessions: 1
26F-HEA-010	W, 9/23	1:15 - 2:15 PM	Sessions: 1
	Thrive Chiropractic Boise	2404 S Orchard St, Ste 800, Boise	
	Angela Young, DC	Age: 18+	
	Tuition: \$11.00	Materials: \$ 0.00	Total: \$11.00



Please Note:

We included the most up-to-date and accurate information at the time of printing, however, some details may change.

The most accurate information on times, dates, locations, etc., will be available in the online registration system.

If you have any questions, please call (208) 854-4047 or e-mail communityed@boiseschools.org

Follow us on





TEACH WITH US!

Do you have a skill, talent, hobby or interest you would like to share with the community?

COMMUNITYEDUCATION
WWW.BOISELEARNS.ORG

wants YOU!

Diversity is the key to meeting the community's needs – we love fresh ideas for new and interesting courses.



REGISTRATION INFORMATION

WHEN DO CLASSES BEGIN?

The seven-week Fall 2026 session will run Mon.-Thurs. evenings, Sept. 8 - Oct. 22. Please see individual class listings for specifics on date, time, supplies needed and location.

WHERE ARE CLASSES HELD?

Boise School Locations:

RIVERGLEN JUNIOR HIGH SCHOOL

6801 N. Gary Ln., Boise, ID 83714
(Located between Hill Rd and Hwy 44)

TIMBERLINE HIGH SCHOOL

701 E. Boise Ave., Boise, ID 83706
(Use clock tower entrance on Boise Ave. Park in the lot accessed off Linden St.)

WEST JUNIOR HIGH SCHOOL

8371 W. Salt Creek Ct., Boise, ID 83709
(Turn south on S. Trabuco Ave., off Victory Rd. between Cole and Maple Grove roads)

Community Business Partners (off-site):

ADA COUNTY CORONER'S OFFICE

95 N. Touchmark Way
Meridian, ID 83642; (208) 287-5556

BOISE ART GLASS

1124 Front St.
Boise, ID 83702; (208) 345-1825

BOISE AT ITS BEST FLOWERS

851 S. Vista Ave.
Boise, ID 83705; (208) 342-4885

BOISE DANCE ALLIANCE

3135 E. Barber Valley Dr.
Boise, ID 83716; (208) 602-5335

BOISE VALLEY SQUARE DANCE HALL

6534 W. Diamond St.
Boise, ID 83709

CLOVERDALE FUNERAL HOME - EVENT CENTER

1200 N. Cloverdale Rd.
Boise, ID 83713; (208) 375-2212

DAWSON TAYLOR ROAST CAFE

1035 Lusk St.
Boise, ID 83706; (208) 576-3655

DOWNTOWN BOISE YMCA

1050 W. State St.
Boise, ID 83702; (208) 344-5501

DRAGONFIRE MARTIAL ARTS

3085 N. Cole Rd. Ste. 206
Boise, ID 83704; (208) 861-3422

EAGLE ATA MARTIAL ARTS CENTER & KARATE FOR KIDS

1107 E. Iron Eagle Dr., Ste. 130
Eagle, ID 83616; (208) 854-0968

FUSIONS GLASS STUDIO

135 N. 2nd St.
Eagle, ID 83616; (208) 938-1055

HEALTH SOLUTIONS OF IDAHO

11588 W. Fairview Ave., Ste. 200
Boise, ID 83713; (208) 249-7157

HOPPIE BUILDING

1524 S. Vista Ave., Ste. 2
Boise, ID 83705

IMPACT DANCE STUDIO

195 S. Adkins Way, Ste. #105
Meridian, ID 83642; (208) 855-2662

KILLARNEY IRISH DANCE STUDIO

3355 N. Five Mile Rd.
Boise, ID 83713; (208) 488-0505

MAKER SHOP BOISE

6883 W. Overland Rd.
Boise, ID 83709; (208) 254-6150

RBG SURFACES

5103 N. Sawyer Ave.
Garden City, ID 83714; (208) 376-7328

SUSIE'S TAP & JAZZ ETC.

6053 W. Corporal Ln.
Boise, ID 83704; (208) 699-0714

THE ANGRY EASEL

301 NE 3rd St.
Meridian, ID 83642; (208) 863-8213

THRIVE CHIROPRACTIC BOISE

2404 S. Orchard St., Ste. 800
Boise, ID 83706; (208) 345-2222

WEST FAMILY YMCA

5959 N. Discovery Pl.
Boise, ID 83713; (208) 377-9622

WOODCRAFT OF BOISE

7005 W. Overland Rd.
Boise, ID 83709; (208) 339-1190

YMCA COMMUNITY HUB

805 W. Franklin St.
Boise, ID 83702; (208) 344-5502

HOW DO I REGISTER?

- Online: boiselearns.org.
- Mail: Registration form with payment to Boise Schools Community Education, 8169 W. Victory Rd., Boise, ID 83709.
- Walk-in: 8:00 AM - 4:00 PM, Mon. - Fri., located in the Boise Schools District Services Center, 8169 W. Victory Road, Boise, ID 83709.
- Phone: (208) 854-4047.
- Use the waiting list! There is no charge to add your name to the waiting list; if space becomes available we will contact you.

WHAT ARE THE CLASS FEES?

- Tuition is approximately \$11 per instructional hour, prorated per number of sessions, plus applicable class material fees.
- See individual class descriptions for tuition and material costs.

WHEN IS PAYMENT DUE?

- Class fees must be paid in full at the time of registration; Exact Cash, Check, Money Order, MasterCard, Visa, Discover or Debit Card accepted.

HOW IS COMMUNITY EDUCATION FUNDED?

- The department goal is to cover all expenses without relying on supplemental funding from the Boise School District. The budget for Community Education covers catalog publishing costs, postage, and administrative staff/overhead.

DO I RECEIVE REGISTRATION CONFIRMATION?

- Online registrants receive an e-mail receipt.
- Students who mail forms receive either an e-mail or printed receipt via mail.

ARE SCHOLARSHIPS AVAILABLE?

- YES. Tuition scholarships may be available for those in hardship situations; eligibility guidelines are those used for the BSD Free or Reduced Lunch Program.
- Scholarships awarded on a first-come, first-serve basis and are dependent upon the amount of scholarship funds available.
- A \$22 scholarship may be awarded per session, per student; maximum of two per family. Recipients are required to pay materials fee and additional tuition.
- Scholarship applications are available online or at the Community Education office and must be submitted with the Class Registration Form.
- Students will be informed if they have been awarded a scholarship within two business days of receipt of their application.

CAN I DONATE TO THE SCHOLARSHIP FUND?

- Please consider making a tax-deductible donation to the Boise School District Community Education Scholarship Fund! It is through your generous contributions that tuition scholarships are made available to other students in need.

WHY WOULD A CLASS BE CANCELLED?

- If an instructor becomes ill or has an emergency.
- On-site classes are not scheduled when Boise Public Schools are closed.
- Inclement weather; listen to local radio or television for information on school closures, or visit www.boiseschools.org.
- Classes that do not meet minimum enrollment requirements may be cancelled.
- Staff will attempt to contact students via e-mail and/or telephone if a class is cancelled. Please provide both e-mail and telephone contact data when registering.

WHAT IS YOUR REFUND POLICY?

- A refund of class tuition and material fees will be given if our office cancels the class.
- If a student requests to drop a class seven days before the start of class or has a documented medical reason, a refund of only the class tuition will be issued. **Material fees will not be refunded.** A \$5 transaction fee will be charged for all refunds.
- Students may call the Community Education office for assistance in processing a request for a refund. No refunds once a class has already begun.
- Escrow credit for tuition only is also available for future classes in lieu of a refund.

WHAT DOES IT MEAN TO BE ON A WAITING LIST?

- If you are on a waiting list for a Community Education class, that means the class is already full, and you are **NOT** enrolled in the class. If space becomes available in the class, Community Ed staff will contact you (either by phone or email) and offer you a seat in the class. At that point, you will be able to pay for the class. Only then will you be enrolled and able to attend the class.

MAY I TEACH A COMMUNITY EDUCATION CLASS?

- We are always seeking new instructors to join our wonderful team of volunteers!
- Instructors choose the date, number of classes and location.
- Volunteer Instructors receive credit to attend a one-night Community Education class.
- To volunteer, go to boiselearns.org and click on 'Teach with us!' and download the Instructor Application and Class Proposal.
- Instructor forms can be mailed to Boise School District Community Education, 8169 W. Victory Rd., Boise, ID 83709 or e-mailed to communityed@boiseschools.org.

CLASS REGISTRATION FORM

Complete one registration form per student. Use an additional class registration form, if necessary.

Student Name (print) _____ Parent/Guardian Name (print) _____ Date _____
(if student is 17 years of age and under)
Address _____ E-mail _____
Street City State Zip
Work Phone _____ Home Phone _____ Cell Phone _____

NOTICE OF RISK: Participation in a Boise School District Community Education class may be dangerous and cause injury. The Boise School District is not responsible for any injury to a participant/student, nor responsible for any medical, dental, chiropractic or hospital bill related to participation in a Community Education activity. Community Education classes are authorized to take place on Boise School District property. When appropriate, the class instructor may obtain written authorization to conduct class at another location.

CLASS CONTENT DISCLAIMER: The Boise School District Community Education volunteer instructor/presenter is not affiliated with, nor endorsed by, the Boise School District and the District is not responsible for the accuracy, validity, benefit nor detriment that may result from an instructor's information or presentation.

NOTICE OF RELIGIOUS/SECTARIAN PROGRAM: Attendance and participation in Boise School District Community Education classes are voluntary. Community Education classes may provide information about and discuss sectarian or religious tenants or doctrines. Community Education classes are not part of the District's required curriculum. The District's religious expression policy respects the right of each individual to follow his/her own beliefs, so long as the beliefs do not infringe upon the rights of others.

PHOTOGRAPHS/VIDEOTAPES: Each participant/instructor consents to the use of photographs or video taken of them for future program promotional or marketing materials.

Class Number _____ Start Date of Class _____ Class Title _____

Location of Class _____ Time of Class _____ Total Class Fee \$ _____

Class Number _____ Start Date of Class _____ Class Title _____

Location of Class _____ Time of Class _____ Total Class Fee \$ _____

Class Number _____ Start Date of Class _____ Class Title _____

Location of Class _____ Time of Class _____ Total Class Fee \$ _____

Subtotal \$ _____

(Optional) Tax deductible donation to the Community Education Scholarship Fund \$ _____

Grand Total (pay this amount) \$ _____

PREFERRED payment method: ☐ Visa ☐ MasterCard ☐ Discover ☐ Debit Card

0000/0000/0000/0000 00/00 000

Card Number

Expiration Date

Security Code
(last three digits on back)

Cardholder's Signature

☐ Check/Money Order (Payable to **Boise School District Community Education**)

Students 17 and under are only permitted to take classes with age limits as identified in the class description.

Complete and mail to Boise School District Community Education, 8169 West Victory Road, Boise, ID 83709 (Keep a copy for your file)

SIGN UP NOW!

VIEW CLASSES AND REGISTER
IMMEDIATELY ONLINE AT
WWW.BOISELEARNS.ORG

FOR MORE INFORMATION,
CONTACT THE COMMUNITY
EDUCATION OFFICE AT
(208) 854-4047 OR VIA E-MAIL AT
COMMUNITYED@BOISESCHOOLS.ORG

BOISE



SCHOOLS

BOISE SCHOOL DISTRICT LOCATIONS:



TIMBERLINE HIGH SCHOOL
701 E. Boise Ave., Boise, ID 83706
(Park in the lot accessed off Linden St. & use
the clock tower entrance on Boise Ave.)



RIVERGLEN JUNIOR HIGH SCHOOL
6801 N. Gary Ln., Boise, ID 83714
(Located between Hill Rd. and Hwy. 44)



WEST JUNIOR HIGH SCHOOL
8371 W. Salt Creek Ct., Boise, ID 83709
(Turn south on S. Trabuco Ave., off Victory Rd.
between Cole Rd. & Maple Grove Rd.)

Classes also offered at various off-site locations and online. See course descriptions and details at boiselearns.org.